Entertainment

Dita Teeses new DVD
pg 28

The world's largest global newspaper

metro

VANCOUVER • TUESDAY, DECEMBER 1, 2009 metronews.ca

Crash victim 'great inspiration'

Doctor, who died with infant daughter, leaves behind husband, two-year-old

KRISTEN THOMPSON
kristen.thompson@metronews.ca

A Vancouver doctor who was killed in a float plane crash off the Gulf Islands was a "radiantly happy" woman "of great compassion and empathy," says a doctor with whom she worked at a hospital in the Peruvian jungle.

The bodies of six people, including Kerry Morrissey and her six-month-old daughter Sarah, were pulled from the wreckage of a float plane that crashed near Saturna Island just after takeoff on Sunday afternoon.

Morrissey, who went by her maiden name, Telford, leaves behind a husband and two-year-old daughter.

"She was a great inspiration in our mission. The people loved her," priest-physician Maurice Schroeder — who runs Centro de Salud Santa Clotildea where Telford volunteered — told Metro Vancouver from Peru yesterday. "Kerry was very important to us. She uplifted. Kerry was a mirror," he said.

Telford volunteered in Peru for several months a year over five years.

"(This is) a great loss," Schroeder added. "When I saw (a picture) of (her surviving daughter), I thought to myself, 'Kerry will never be dead as long as that girl is alive.'"

PHOTO SUBMITTED

Vancouver doctor Kerry Telford with a child at the hospital in Peru where she volunteered. Telford, her baby daughter, and four others died in a float plane crash.

Victims of float plane crash

- Richard Bruce Haskett, 49, California.
- Cindy Shafer, 49, from California.
- Kerry Margaret Telford Morrissey, 41, from Vancouver.
- Sarah Grace Morrissey, six months, from Vancouver.
- Catherine White-Holman, 55, from Vancouver.
- Thomas Gordon Glenn, 60, from White Rock.

Telford worked at the South Community Birth Program in Vancouver and was a clinical instructor at the University of B.C.'s Department of Family Practice.

Sharon Morrissey, Telford's sister-in-law, said she was a devoted doctor who was committed to women's health. "She was a real good person," Morrissey, who lives in Washington state, told Pacific Northwest Local News.

"(Telford's daughter) is already asking her dad why mommy's not coming back," Morrissey said.

Authorities continue to investigate the cause of the crash while Richmond-based Seair Seaplanes, which chartered the plane, suspended operations for the day yesterday.

Two survivors, the pilot and a female passenger, were pulled from the water and airlifted to hospital in Victoria, where they are recovering.

It took search and rescue eight hours to locate the wreckage and pull the six victims from the sunken plane.

News on the Move

What's this barcode for?
Learn how to scan the barcode with the instructions at the top of pg 3

Health & Beauty pg 24

HIV drugs not a valid safety net

Celebrity Buzz pg 30

Gervais gets last laugh on ID theft

On the web
Visit metronews.ca for all your news updates

Vancouverites flush water, bucks away

The water you drink, clean the sidewalk with and flush down the toilet will soon cost you a little more.

The flat-rate increase, which comes before council today, would see the water costs of a single-family dwelling increase to $417 next year, up from $379 this year.

But rather than being an incentive to use less, the proposed 10 per cent increase is almost an incentive to use more, said Vision Vancouver Coun. Andrea Reimer. "You're going to pay the same amount whether you use many, many litres or very few litres," she added.

Vancouver, which considers itself a green city — and has even started marketing itself as a Green Capital — has a serious water habit, using two to three times the amount of cities in other developed nations.

"We are so bad on water consumption. Of all the green benchmarks, it's the one we're worst at."

A potential solution, and one floated by the city's greenest city action team in its recent 2020 plan, is the use of water meters. The devices have been shown to decrease water use in other jurisdictions, including Kelowna where per capita use fell 20 per cent in a decade.

Only 14 per cent of Vancouver — the lowest of any major Canadian city — has water meters (it's a requirement in new buildings), but retrofitting could be expensive, and could even cost hundreds of millions to retrofit the Vancouver region.

In the next couple of months, city council will receive a staff report on broad-brush action items, costs and timelines for implementing the 10-year greenest city plan.

JEFF HODSON/
METRO VANCOUVER

TODAY, HELP MAKE A DIFFERENCE.
5¢ FROM EVERY DRINK YOU BUY WILL GO TO FIGHT AIDS IN AFRICA.

STARBUCKS IS A PROUD PARTNER OF (PRODUCT) RED

Free Daily News Group Inc., operating as Metro Vancouver Newspapers 1190 Homer Street, Suite 250, Vancouver, B.C. V6B 2X6. Publisher: Maryse Lalonde

IS IT THE

COFFEE

OR THE

GIVING SPIRIT THAT'S

MAKING

YOU FEEL

Warm inside

(RED)

On World AIDS Day, December 1st, visit any Starbucks location in Canada and 5¢ from every drink you buy will go to the Global Fund to fight AIDS in Africa.

STARBUCKS IS A PROUD PARTNER OF (PRODUCT) RED

News on the Move IN THREE EASY STEPS

1 DOWNLOAD THE **FREE** SCANLIFE APPLICATION WITH YOUR SMARTPHONE AT 2DSCAN.COM

2 USE THE SCANLIFE APPLICATION ON YOUR SMARTPHONE TO SCAN 2D BARCODES IN METRO

3 THE CODES WILL DIRECT YOUR MOBILE BROWSER TO RELEVANT CONTENT AT M.METRONEWS.CA

Local

Lighting up Capilano's night

Capilano Suspension Bridge's annual Christmas celebration, Light Up The Night, kicks off on Friday at 5 p.m., and runs until Jan. 2. The bridge, left, will be blanketed in shimmering lights and carollers will perform at half past every hour. A glass blower will be making icicle ornaments. METRO VANCOUVER

METRO INTERNATIONAL NEWSPAPER OF THE YEAR
2009 Festival of Media Awards

All but bikes, wheelchairs banned

TransLink cracks down on most forms of personal transportation

KRISTEN THOMPSON
kristen.thompson@metronews.ca

TransLink has released a list of personal transportation devices banned on Metro Vancouver's transit system, and unless it's a run-of-the-mill bicycle or a wheelchair, it's probably not allowed on board.

Motorized, tandem and recumbent bikes, bikes with trailers, Segways, and tricycles are among the devices not allowed on the system, which includes buses, SkyTrain, SeaBus and the West Coast Express.

"Safety is the main reason for the restriction," said TransLink spokesperson Ken Hardie in a release. "Bicycles can be controlled fairly easily by the user."

"Larger vehicles … are more cumbersome and can be dangerous if the train has to make an emergency brake."

An exception is made in the case of mobility devices for people with disabilities — like scooters and power chairs — which are built for stability and can be secured.

Your say

What else needs to go?

We asked three Vancouverites what else doesn't belong on board:

- Lauren Ingle: "A girl with her little dog in a dog carrier was standing beside me (and) I got hit in the face by the accessory-dog. Please put the dog on the floor."
- Rebecca Zak: "I was on (a packed bus) when a lady with a huge stroller asked (to get on) and said she had the Coast Mountain Bus Company policy in her pocket. About five people (had) to get off (to get the stroller in)."
- Jennifer Pecho: "A man who got on the 99 and took a yoga mat out of his bag, laid it on the floor … and proceeded to do yoga in the middle of the crowded bus. Twice I had to give up my own seat for a (dog) stroller."

News in brief

CONTRACT Ottawa said an American-based company awarded the $9.2-million contract to build the Canada pavilion in Vancouver for the 2010 Olympics earned it "fair and square." Gary Lunn, the minister of state for sport, said the work is being done by the firm's Canadian arm.

INCINERATOR Metro Vancouver could be getting a new waste-to-energy incinerator by 2015, according to the latest draft of the region's new Solid Waste Management Plan, CBC News Online reports. About 20 per cent of Metro Vancouver's garbage is currently burned in Burnaby, producing steam and electricity.

IDENTIFIED Police have identified the man found murdered in the backyard of a Surrey home as a 27-year-old Richmond man. The victim's family has asked his name not be released. Police say his death is linked to the drug trade. METRO NEWS SERVICES

metronews.ca

WHAT'S ONLINE TODAY

Video Footage of Romania's president allegedly punching a child has rocked the country's election campaign at **metronews.ca/world**

Blogs Sexcetera marks World AIDS Day with some sobering statistics about the disease's impact on Canadians

ADVERTISE TODAY!
1 888 91 metro (63876)

Missing girls found safe and sound

A pair of missing 10-year-olds were found safe and sound after a seven-hour search by "an increasing number of police resources," Const. Lindsey Houghton said.

"The family and friends of Deanna Lloyd and Chloe Zhu are both relieved and grateful," Houghton said in a release.

The girls were found walking near a grocery store in a strip mall around 8:30 last night after police received reports of numerous sightings from the public. They appeared to have run away and, according to Houghton officers, school officials will be speaking with the girls to determine why.

Chloe Zhu

Deanna Lloyd

The two failed to return to school after their lunch break, which led Vancouver police to initiate a search of the southeast neighbourhood of Champlain Heights with help from Burnaby RCMP.

Officers had been told the girls may have decided to go into one of the many large forested areas near their school.

This led police to devote to their search what Houghton called "a large number of resources" and police sent a description of the girls to media outlets hoping for help from the public.

METRO VANCOUVER

m.metronews.ca

Scan this barcode for more Local news on your smartphone.
Learn how to scan the barcode with the instructions at the top of this page

Man charged with child luring

JEFF HODSON
jeff.hodson@metronews.ca

CRAIGSLIST A 27-year-old man has been arrested for allegedly using Craigslist to lure a girl for sex.

Const. Lindsey Houghton said the man placed an ad on the popular Internet classified site saying he was looking for an inexperienced girl to have sex with.

Members of the Vancouver police vice squad answered the ad posing as a 14-year-old girl. The contact led to online chats and a proposed meet on Nov. 26 at the Trout Lake Community Centre in East Vancouver.

"He arrived believing he was meeting a 14-year-old girl for sex, when, in fact, the girl he was meeting was a vice detective," Houghton said.

Preston Andrew Clarke, 27, of Vancouver has been charged with one count of luring a child.

He was released from custody on bail conditions, including not having contact with children under 18.

Clarke is set to appear in provincial court on Dec. 7.

Houghton said the department laid a total of four counts of child luring in 2009.

Give the ultimate gift of music this season - music lessons! Call for details.

SHOP ONLINE at long-mcquade.com

Where the Music Begins This Holiday Season.

Long & McQuade MUSICAL INSTRUMENTS
www.long-mcquade.com

VANCOUVER: 604.734.4886
NORTH VAN: 604.986.0911
SURREY • LANGLEY • RICHMOND • PT COQUITLAM

Petition going around to save Children's Farmyard

A petition is being circulated at Bright Nights in Stanley Park every night this week to save the Children's Farmyard. Last week, the Park Board voted to close the attraction because it loses $160,000 a year. METRO VANCOUVER

Clean socks a simple solution

Dry, warm feet protect homeless: Health centre official

JEFF HODSON
jeff.hodson@metronews.ca

Dry, clean socks are among the simplest ways to keep homeless people out of hospital and prevent them from suffering serious skin and bone infections that could culminate in amputation.

Sonja Sinclair, program co-ordinator at the Health Contact Centre, which runs a foot clinic in the Downtown Eastside, said many of their clients spend upwards of 20 hours a day on their feet — often wearing ill-fitting shoes with dirty socks, or no socks at all.

"It leads to blisters, lesions and cuts," Sinclair said. "When you don't have a clean pair of socks it can lead to infection very quickly."

If not treated, the infections can quickly snowball, leading to life-threatening and debilitating illnesses, lengthy hospital stays, and even amputations, she said.

The Health Contact Centre's foot clinic will receive about 25,000 visits this winter.

Vancouver Coastal Health kicked off its ninth annual Sox in the City campaign yesterday at John Oliver Secondary School in Vancouver.

Students and teachers gathered 4,055 pairs of socks over three weeks, surpassing their goal of 1,200.

"It's a very simple solution," Sinclair said. "If things do not get treated, they get worse very quickly with a population that is immune compromised"

JEFF HODSON/METRO VANCOUVER

Leanna Ng, a Grade 12 student at John Oliver Secondary School, sits with more than 4,000 pairs of socks yesterday. Wearing clean, dry socks is an easy way for the city's homeless to keep healthy.

Donate

- The Sox in the City campaign runs through Jan. 31. Donation bins can be found at city hall and all community policing centres and fire halls in Vancouver.

UBC student union officials under fire for UN complaint

DISPUTE The University of B.C.'s student union has asked its president and a vice-president to resign after they filed a complaint with the United Nations over tuition fees without consulting students or council.

Blake Frederick, president of the Alma Mater Society, and Tim Chu, vice-president of external affairs, claimed to be representing the 44,000-strong AMS when they asked Pivot Legal Society to file the complaint last week.

Matthew Naylor, a political-science student and AMS councillor, said after being inundated with objections from students, council voted unanimously on Saturday to retract the complaint.

"This complaint is not the way (students) want to be represented," Naylor said. "It was done without any kind of democratic consultation … and was brought forward by circumventing our committee structure."

Frederick told Metro Vancouver he was acting in the best interest of the students and an impeachment would be an overreaction.

"The initiative (to file the complaint) was brought to our executive several times and members … signed off on the contract to go forward," he said.

Council will meet with Frederick and Chu on Thursday night to discuss the issue. KRISTEN THOMPSON/ METRO VANCOUVER

News in brief

OLYMPIC BUSES Tickets for the Olympic bus network to and from Cypress Mountain and Whistler go on sale Friday at travelsmart2010.ca. A round-trip ticket to Cypress will cost $14 and one to Whistler will cost $28 if booked by midnight on Jan. 10. Prices will nearly double after that.

PATROLS RCMP are stepping up their presence on Langley streets in an attempt to curb crime that's most prevalent around the holidays, like theft and drunk driving. Operation Grinch involves foot patrols in the downtown business cores and increased roadblocks. METRO NEWS SERVICES

FLIGHT CENTRE® Unbeatable

Airfares

Puerto Vallarta from $105 + taxes & fees $280

Las Vegas	from $149 + taxes & fees $115
Toronto	one-way from $179 + taxes & fees $54
Los Cabos	from $297 + taxes & fees $264
Honolulu	from $299 + taxes & fees $110
Los Angeles	from $299 + taxes & fees $146
Cancun	from $315 + taxes & fees $280
New York	from $329 + taxes & fees $115
Maui	from $338 + taxes & fees $131
Ixtapa	from $439 + taxes & fees $156
Paris	from $489 + taxes & fees $397
Jamaica	from $498 + taxes & fees $259
Lima	from $789 + taxes & fees $215
Bangkok	from $829 + taxes & fees $290
Sydney	from $1099 + taxes & fees $382

All-inclusive Vacations

Los Cabos 7 Nights 5-Star from $797 + taxes & fees $264

Puerto Vallarta 7 Nights 4.5-Star from $485 + taxes & fees $280

Mazatlan 7 Nights 4-Star from $557 + taxes & fees $264
INCLUDES junior suite accom.

Varadero 7 Nights 4-Star from $685 + taxes & fees $206

Jamaica 7 Nights 4-Star from $697 + taxes & fees $260

Manzanillo 7 Nights 4.5-Star from $788 + taxes & fees $264
INCLUDES junior suite accom.

Ski Vacations

Sun Peaks 4 Nights + Lift Passes from $529 taxes & fees included
INCLUDES 3-day ski lift pass.

Lake Louise & Banff 5 Nights + Lift Passes from $689 taxes & fees included
INCLUDES 5-day tri-area ski lift pass at Banff / Lake Louise & Sunshine Ski Resorts.

Big White 5 Nights + Lift Passes from $699 taxes & fees included
INCLUDES 5-day ski lift passes for use at Big White & Silver Star.

Vacations

Las Vegas Air + 3 Nights from $189 + taxes & fees $115
UPGRADE to 4-star accom from $12 per night.

Palm Springs Air + 4 Nights 4-Star from $669 + taxes & fees $104
ADD 4-day car rental with unlimited mileage from $22 per day.

Quebec Ice Hotel, Air + 3 Nights from $669 + taxes & fees $120
INCLUDES first night at the Ice Hotel and 2 nights in Quebec City. ADD 3-day car rental from $56 per day.

Hawai'i Air + 7 Nights from $789 + taxes & fees $172
INCLUDES air to Honolulu and return from Maui, 4 nights accom in Honolulu, inter-island flight and 3 nights accom in Maui.

Thailand Beaches & Bangkok Air + 7 Nights from $1379 + taxes & fees $325
INCLUDES all air, 3 nights Bangkok accom and 4 nights Phuket accom with daily breakfast. ADD Elephant trekking in Phuket from $59.

Bali Air + 7 Nights from $2099 + taxes & fees $182
INCLUDES air, 3 nights accom in the central foothills, 4 nights seaside accom, 1-hour massage, airport transfers, romantic dinner, tour of Sideman Valley and daily breakfast. ADD 2-night stay in Hong Kong from $99 per night.

Cruise Vacations

Anaheim Air + 2 Nights + 4-Night Cruise from $398 + taxes & fees $228
INCLUDES air from Vancouver to LA, hotel transfer, accom in Anaheim near *Disneyland* Resort and cruise transfer. CRUISE from LA to Vancouver and visit Victoria.

Western Caribbean 7-Night Cruise from $390 + taxes & fees $128
CRUISE roundtrip Miami and visit Roatan, Belize, Costa Maya and Great Stirrup Cay.

Mexican Riviera 7-Night Cruise from $399 + taxes & fees $57
CRUISE roundtrip Los Angeles and visit Los Cabos, Mazatlan and Puerto Vallarta.

Las Vegas Air + 3 Nights + 4-Night Cruise from $498 + taxes & fees $228
INCLUDES cruise, airport transfer, air to Las Vegas and accom on the Las Vegas Strip. CRUISE from Vancouver to LA and visit San Francisco.

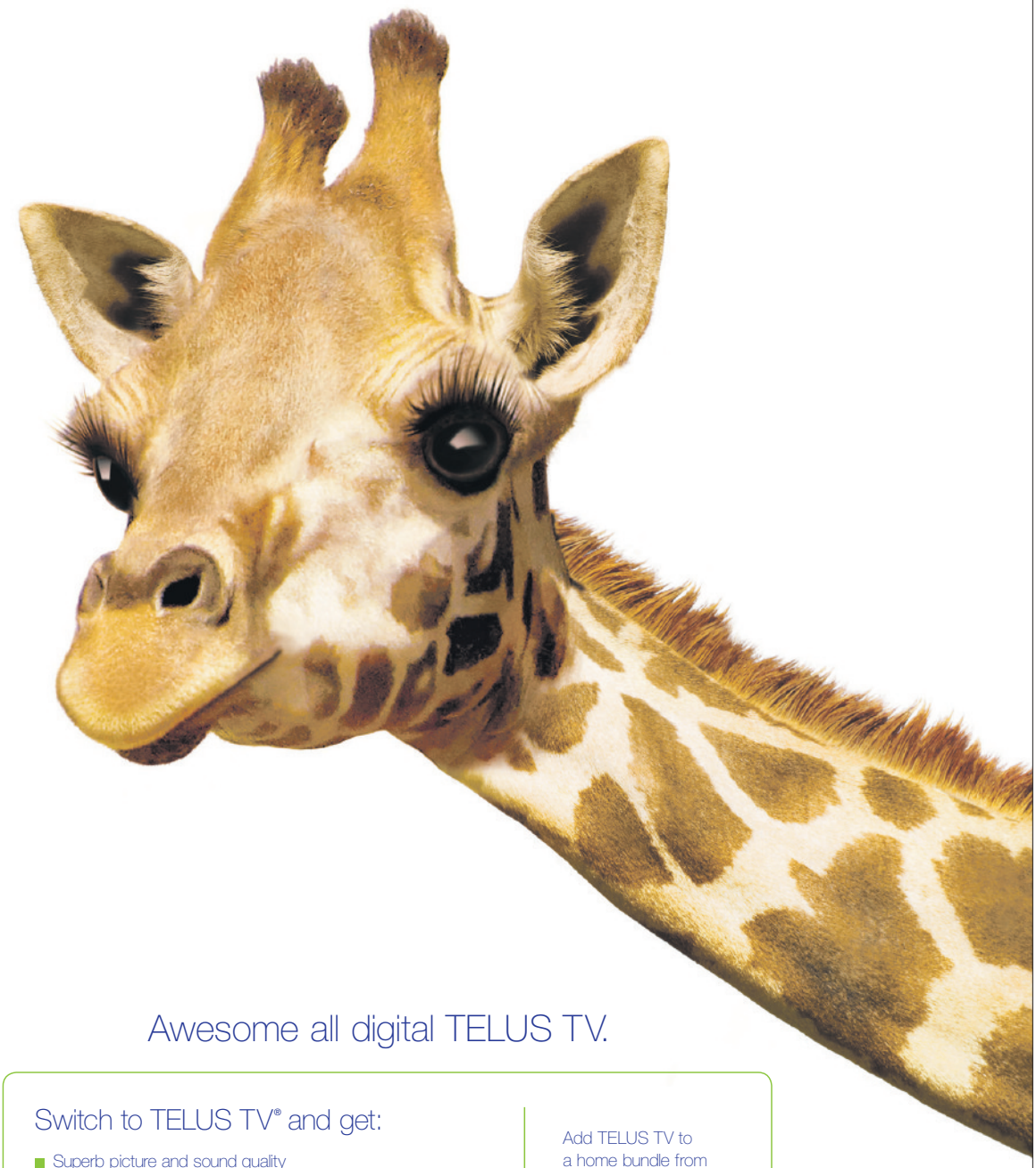
Mediterranean 7-Night Cruise from $784 + taxes & fees $112
CRUISE roundtrip Barcelona and visit Monte Carlo, Florence/Livorno, Rome/Civitavecchia, Naples, & Palma.

PERFECT HOLIDAY PROMISE
Enjoy your holiday or we'll give you $100 towards another one!

1 866 502 3887 | flightcentre.ca

Conditions apply. Ex: Vancouver. USA and international air only prices are per person for return travel unless otherwise stated. Domestic air only prices are per person for one-way travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change. † The Perfect Holiday Promise applies to bookings made at Flight Centre shops within Canada. A $100 voucher for future travel will be provided to customers who experience an unwanted deviation from their paid itinerary. For full details visit www.flightcentre.ca or speak to a Flight Centre consultant. BC REG: #HO2790

Easy on the eyes.



Awesome all digital TELUS TV.

Switch to TELUS TV® and get:

- Superb picture and sound quality
- Over 390 digital channels to choose from, including 35 in HD
- The flexibility to build the package that's right for you

Plus, sign up now and receive a FREE HD PVR rental.†

Add TELUS TV to a home bundle from

$33/mo.*

Call 310-MYTV or visit telus.com/gettv

*Offer available until December 31, 2009, to residential clients where access and line of sight permit, who have not subscribed within the past 90 days to TELUS TV service. Not available to residents of most multiple dwelling units. TELUS High Speed Internet or Home Phone service required. Prices may vary without notice. 1.5% Local Programming Improvement Fund (LPIF) fee and taxes extra. †Free PVR rental available with a 3 year TELUS Satellite TV™ service agreement. © 2009 TELUS.

TELUS

the future is friendly®

Clothing drive for homeless tonight

A drive to collect warm clothing for the city's homeless, Get Cozy For A Cause, is being held tonight at Café Medina (556 Beatty St.). Guests are invited to get cozy, wearing sweats and sweaters, and to bring their old hoodies, coats and toques for donation. METRO VANCOUVER

News in brief

ELDERLY Langley seniors are being cautioned about "distraction thieves" who police say have targeted several elderly people at their homes.

TRANSIT Three Richmond councillors are calling for a crackdown on transit fare evaders, including the plan to install fare gates, before TransLink raises its fares by 10 per cent. METRO NEWS SERVICES

End HandyDart strike: Meggs

JEFF HODSON
jeff.hodson@metronews.ca

A Vancouver city councillor is calling for an arbitrated end to the region's month-long HandyDart strike.

HandyDart serves people with disabilities.

"People absolutely rely on HandyDart."
Coun. Geoff Meggs

"It was very difficult for regular travellers when there was a transit strike," said Coun. Geoff Meggs. "But these people absolutely rely on HandyDart and can't get around. They're stuck in their homes."

Under his motion, which will likely be held until Thursday to allow people to speak to it, Meggs wants the mayor to urge TransLink, the union and the employer to resolve the strike through binding arbitration.

"The pressure is all on the riders. The drivers are suffering as well, but the main victims are those who should be using HandyDart service and can't get it."

Women's shelter doubles capacity

STIG NIELSEN
for Metro Vancouver

WOMEN A shelter for single homeless women on Powell Street has doubled its capacity to 52 beds by opening yesterday a second location a few blocks away.

Jonathan Oldman, executive director of Saint James Community Service Society, said the 26 new beds will mean fewer women turned away.

"There are some particular vulnerabilities that women have, that mean that having dedicated shelters are really important … We are not saying women are more important, but they are an underserved part of the homeless population," said Oldman.

The Downtown Eastside shelter also has lockers and nightstands for its users.

According to Oldman, the original location is full and the first occupant at the new shelter is expected tonight.

Saint James mission shelters aim to help women move to permanent addresses.

ShareYourViews
vancouverletters@metronews.ca

News in brief

CEREMONY Mary McNeil, B.C.'s Minister of State for the Olympics and ActNow B.C., is holding a lighting ceremony tonight at Robson Square in downtown Vancouver. Entertainment begins at 4:30 p.m. with the lighting to follow at 5 p.m.

COUNTERFEIT About $1.5 million worth of counterfeit goods smuggled from China have been confiscated by Federal Border Integrity officers at a Pitt Meadows store. Two women, aged 31 and 56, were arrested for selling fake Prada, Coach and Chanel goods. METRO NEWS SERVICES

G4S
G4S Security Services (Canada) Ltd.
The Leading International Security Provider
FT & PT positions
Must have BST 1 & 2
Operations Department
fax 604-683-0621

There's a ticket for
everyone on your list.

vancouver 2010 vancouver 2010 bclc OFFICIAL SUPPORTER

bclc

Know your limit, play within it.

19+ YEARS

Man in critical condition after breaking into Hydro-Quebec plant

A would-be thief is in critical condition after getting electrocuted while trying to snatch copper wires from a Hydro-Quebec distribution station. Quebec provincial police say the 23-year-old was found by employees for the power utility at the Baie-Comeau plant. THE CANADIAN PRESS

Canada

Hunger striker freed

A hunger striker accused of terrorist links has once again been ordered freed from prison under strict conditions. In a decision released yesterday, Federal Court Justice Edmond Blanchard said Mohamed Zeki Mahjoub can leave a holding centre at Bath, Ont. — as long as he wears a monitoring bracelet and honours other restrictions. THE CANADIAN PRESS

Lindhout tried to escape: Firm

Canadian Amanda Lindhout's days while held captive in Somalia got darker after a foiled escape attempt in which she and a fellow hostage fled to the steps of a mosque before being recaptured, says a man hired to help negotiate her freedom.

Lindhout and Australian Nigel Brennan were held together in relative comfort before they loosened the bricks in the walls that held them early one morning in January, says John Chase of the U.K. hostage negotiation group AKE.

The two slipped out and made a dash for freedom, reaching a nearby mosque before their captors caught them again, he says.

GOVERNMENT OF SOMALIA PHOTO

Freed hostage journalists Canadian Amanda Lindhout, left, and Australian Nigel Brennan sit together after their release from captivity in Mogadishu on Thursday.

"Some people were too scared to help them and the gang caught up with them. There was actually a story of some people trying to help them that got beaten down and they got recaptured," Chase said in an interview with The Canadian Press from London. "From that point on, things got a lot worse for them. They were shackled (and) kept in separate rooms."

Rumours were often spread by the kidnappers and others about the two journalists after they were snatched by armed gunmen by the side of the road in a lawless area south of Mogadishu in August 2008.

The pair were released last week after 15 months in captivity after a ransom was paid.

The Canadian government has refused to comment on what, if any, role it played in the release while Lindhout's parents said in a statement last week they wouldn't comment until she had time to heal. THE CANADIAN PRESS

Hostage insurance

- AKE provides training for journalists and others who venture into war-torn countries and usually works exclusively for insurance companies that cover organizations with kidnapping insurance for its workers.

Immigrants may get OK for credentials sooner

LABOUR Foreign-trained workers will be told within one year of applying whether their credentials will be accepted in Canada under a framework announced yesterday that opposition critics argued doesn't address systemic barriers to immigrants.

While the Liberals and New Democrats highlighted what they called deficiencies in the scheme, at least one stakeholder group lauded the Conservative plan on foreign credentials.

Beginning Dec. 31, 2010, foreign-trained architects, engineers, pharmacists, physio and occupational therapists and registered nurses will be among the groups that fall under the framework.

Doctors and others are slated to be included in the one-year timetable by the end of 2012.

The new framework also pledges that federal, provincial, and territorial governments will strive to create better services for immigrants before they arrive in Canada and once they find their way to the workforce.

"This makes good economic sense, and in terms of the politics, you know, there are provincial governments from right across the spectrum — NDP, Liberal, Conservative, the Saskatchewan Party — all of whom have partnered with us on this," said Federal Immigration Minister Jason Kenney.

The governments will work with regulatory bodies, colleges and universities and other "key partners" to make the changes happen, the Conservatives said. THE CANADIAN PRESS

Weather **Record-high November**

TONY BOCK/TORSTAR NEWS SERVICE

Flowers are still in bloom on Millwood Road in Toronto's Leaside neighbourhood. This past month marks the first time in over 160 years that it has not snowed in the city during the month of November.

m.metronews.ca

While many companies rush to trim payrolls, Google woos job-seeking Canadians, who they say are among the world's "most engaged" surfers. Scan this barcode for the full story.

Tories blasted for saying critics in torture case don't support troops

CONTROVERSY The Harper government is once again calling in the troops in an effort to smother the public debate over the treatment of Afghan detainees.

Besieged by questions over the detainee issue for a third week, the Tories mounted an offensive yesterday, accusing their critics of maligning Canada's soldiers, prompting an opposition counter-attack.

Liberal Leader Michael Ignatieff called it a "disinformation campaign" and accused the government of "hiding behind our soldiers." Bloc Leader Gilles Duceppe said the Tories are pushing an argument of "astounding simplicity" that is beneath a prime minister. And NDP Leader Jack Layton accused the Conservatives of "trying to change the channel." THE CANADIAN PRESS

News in brief

ANIMALS The OSPCA says its investigation of the Toronto Humane Society will keep the facility closed for at least another week. The humane society had argued that the search warrant for the investigation had expired. The OSPCA raided the humane society last Thursday and said it found several animals in such poor health that seven had to be put down. THE CANADIAN PRESS

NEW TAKE-OFF TUESDAYS
In 48 hours this vacation deal will be gone...will you?
signature signaturevacations.com
Cancun, Mexico
Gran Caribe Real Resort & Spa*****plus
1 week, all inclusive, departing from Vancouver
Sun & Mon Jan 10, 11
$898 + $263 taxes
Quantities are limited, check signaturevacations.com weekly.
Take-Off Tuesday rates are valid from start of day, 12am midnight on Tuesday until end of day 12pm midnight on Wednesday. All advertised prices are per person, based on double occupancy and valid for one week durations only. Rates apply to the lowest room category offered unless otherwise stated. All rates are subject to change and were valid at time of ad creation. While all reasonable efforts have been made to ensure the accuracy of the information in this ad, Signature Vacations accepts no responsibility for actions, errors or omissions arising from the readers use of the information howsoever caused. Signature Vacations, a division of First Choice Canada Inc., 1685 Tech Ave., Unit #2, Mississauga, L4W 0A7, ON Reg #50014683, BC Reg #3043, QUE Reg #800231. tico.ca 20103

SCENE, Canada's movie rewards program, has **2 MILLION, movie loving members!**
To celebrate we're bringing a blockbuster film back to
Cineplex Entertainment theatres for a one night only, **FREE movie event!**

VOTE for your favourite movie from 2009. You could be seeing it **FREE!**

TO VOTE FOR	TEXT TO 72363 (SCENE)
Transformers: Revenge of the Fallen	**MOVIE A**
Star Trek	**MOVIE B**
Harry Potter and the Half Blood Prince	**MOVIE C**
The Hangover	**MOVIE D**
X-Men Origin: Wolverine	**MOVIE E**
Angels & Demons	**MOVIE F**
District 9	**MOVIE G**

SCENE™

MOVIE LOVERS GET IT™

GET IT AT SCENE.CA™

VOTE NOW AT SCENE.CA OR TEXT YOUR VOTE TO 72363 (SCENE)±

CINEPLEX® Scotiabank®

±Online voting begins at 5:00pm EST on November 20, 2009. Text voting begins at 9:00am EST on November 30, 2009. Poll closes December 30, 2009 5:00pm EST. This vote is only open to SCENE members. SCENE members can vote to a maximum of 10 times online and 10 times via SMS. Standard text messaging rates apply to all text message entries sent. For full details on this promotion visit scene.ca.
™Trademarks of SCENE IP LP, used under license. ©Cineplex Entertainment LP used under license. ®Trademarks of the Bank of Nova Scotia.

Dozens of channels viewed on demand with Rogers
Rogers launched a beta online video streaming service, with TV shows, movies and music videos on demand. But you must be a Rogers customer to use the service, and the content won't include everything you can see on prime-time TV. THE CANADIAN PRESS

Planet faces crisis: Poll

Most Canadians think climate change is the planet's defining crisis, a new poll suggests.

But the survey also indicates nearly two-thirds of those surveyed think humans will be able to adapt to it, and about half believe the money Canada spends on climate change would be better spent on health care and national debt.

The Harris-Decima poll conducted on behalf of the Munk Debates provide a vivid example of the regional differences of opinion on the environment. The belief that climate change is the Earth's defining crisis is held most strongly in Quebec and less so in the Prairies.

The poll asked Canadians if they agreed or disagreed with a resolution to be debated today during the fourth Munk Debate in Toronto, that: "Climate change is mankind's defining crisis, and demands a commensurate response."

Nearly two thirds of Canadians agreed while 31 per cent disagreed. A tiny fraction had no opinion. About 67 per cent of women agreed, with men slightly less at 63 per cent.

The online poll of 1,009 Canadians was conducted Nov. 12 to 15.

THE CANADIAN PRESS

TRAVEL TIP #55
Take off for less with WESTJET
Student airfare discounts only at TRAVEL CUTS
Visit your local Travel CUTS or book online at travelcuts.com
UBC, SUB Lower Level, 604.822.2426 | 3065 W Broadway, 604.659.2870
SFU, MBC 2270, 604.659.2850 | 6153 - 200 St, #104, Langley, 604.539.8840
tico.ca ON–4499356/4499372 | BC–33127/34799/34798 | QC–7002238
200–111 Peter Street, Toronto, ON M5V 2H1

World Record **It suits Alberta residents, to a tee**

JEFF MCINTOSH/THE CANADIAN PRESS

Residents gather yesterday around the world's largest golf tee in the east central Alberta town of Truchu, 150 kilometres northeast of Calgary. The tee, 40-foot-high and made of fibreglass and metal, was donated to the community by the Alberta Treasury Branches.

Recession takes heat off rails

CN STRIKE The recession has taken some of the sting out of a strike by Canadian National Railway locomotive engineers as transportation demand is far below where it was during a similar dispute two years ago, industry analysts said yesterday.

Canada's largest rail operator is running smaller and fewer trains as shipping volumes are lower than in 2007 when it endured a two-month strike by conductors.

The federal government introduced legislation yesterday that could be passed within days that would order 1,700 unionized employees back to work.

THE CANADIAN PRESS

Man denies role in Mumbai attack

BOMBINGS A Pakistani-born Canadian businessman is denying he had anything to do with last year's Mumbai attacks that killed 166 people.

His lawyer, Patrick Blegen, says Tahawwur Rana "categorically denies involvement in the tragic events in Mumbai of Nov. 26, 2008."

In a statement Blegen adds his client, who is scheduled to appear for a bail hearing in Chicago tomorrow, harbours no ill will against the people of India and continues to have close family ties to the country.

THE CANADIAN PRESS

News in brief

TORONTO ZOO The matriarch of the zoo's elephant herd died unexpectedly at age 41. Tara was found lying down yesterday morning and staff could not get the 3,855-kilogram animal back on her feet.

They say Tara had not exhibited any recent signs of ill health, and that a post-mortem will be conducted to determine a cause of death.

THE CANADIAN PRESS

AT $199*, IT'S NEVER BEEN EASIER TO BRING HOME AN XBOX 360®.
*Suggested retail price of Xbox 360® Arcade System. Actual retail prices may vary.
XBOX 360®

ADVICE ON H1N1 FLU (SWINE FLU) FOR PEOPLE WITH ASTHMA OR COPD

If you have asthma or COPD (emphysema or chronic bronchitis), you're more likely to get severe symptoms of H1N1 flu. You're also more likely to need hospital care. H1N1 flu can make your asthma or COPD symptoms much worse.

Because you're at higher risk from H1N1 flu, you should take these extra steps to protect yourself:

1. Get the H1N1 pandemic flu shot and the seasonal flu shot. And make sure your pneumonia shot is up to date.
2. Wash your hands often and avoid touching your face.
3. Make sure your asthma or COPD symptoms are under control.
4. Follow your asthma or COPD action plan – written instructions from your doctor that explain what to do if your symptoms get worse.
5. Take your medicines as prescribed by your doctor.
6. Have an extra supply of your asthma or COPD medicines on hand.
7. If you have flu symptoms, call your doctor right away to find out if you need flu medicine (an antiviral). If your breathing gets worse, get emergency help.

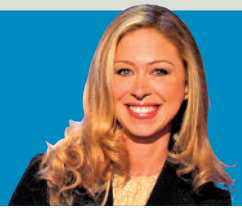
For more information please visit **www.lung.ca**.

THE LUNG ASSOCIATION™

Motorized bar stool involved in DUI up for sale

A motorized bar stool that got an Ohio man arrested for drunk driving goes up for auction this week on EBay. Twenty-nine-year-old Kile Wygle was charged with driving under the influence after he crashed the contraption in March in Newark, Ohio. THE ASSOCIATED PRESS

World



Chelsea Clinton gets engaged

Chelsea Clinton, left, the 29-year old daughter of former U.S. president Bill Clinton and Secretary of State Hillary Rodham Clinton, has become engaged to her longtime boyfriend, investment banker Marc Mezvinsky. The couple sent an email to friends Friday announcing the news. They said they were looking at a possible wedding next summer. Matt McKenna, a spokesman for the former president, confirmed the engagement yesterday. THE ASSOCIATED PRESS

Obama wants troop surge

U.S. president set to outline plan for war in Afghanistan

Barack Obama has begun one of the toughest sales jobs of his presidency, launching the much-awaited rollout of his new Afghan war strategy by informing top U.S. military and civilian advisers in Washington and Kabul and telephoning key allies around the globe.

Obama is outlining his decision to an increasingly skeptical U.S. public tonight in a nationally broadcast television address from the U.S. Military Academy. The strategy will include deploying thousands more American forces to Afghanistan, clarifying why the U.S. is fighting the war and laying out a path toward disengagement.

In his speech, Obama was expected to announce an increase of up to 35,000 more U.S. forces to defeat the Taliban-led insurgency and stabilize a weak Afghan government. The escalation, which would take place over the next year, would put more than 100,000 American troops in Afghanistan at an annual cost of about $75 billion.

Obama is also expected to outline an exit strategy for the war.

He first told Secretary of State Hillary Rodham Clinton his decision by phone on Sunday, and then informed other key administration advisers such as Defence Secretary Robert Gates in an Oval Office meeting.

It was at that time, said spokesman Robert Gibbs, that Obama's order for the military to go ahead with the new deployments became official. The goal of the president's revamped approach is to train Afghan security forces to eventually take over from the U.S., and Obama will say today that he does not intend to allow an open-ended U.S. commitment, the spokesman said. THE ASSOCIATED PRESS

Partnership with Pakistan

- Another facet of Obama's plan appears to be an expanded partnership with Pakistan, as part of U.S. pressure on that country's shaky government to do more to root out extremists based along Pakistan's borders with Afghanistan.

Morocco King slays a sheep

THE ASSOCIATED PRESS

Morocco's King Mohammed VI, centre, slays a sheep in accordance with Muslim tradition for the Eid al-Adha feast in Fez, Morocco, on Saturday. Eid al-Adha is a holiday celebrated by Muslims to commemorate the willingness of Abraham to sacrifice his son as an act of obedience to God.

News in brief

KICK A GINGER DAY Three boys have been arrested for investigation of bullying red-haired students after a Facebook message promoted "Kick a Ginger Day" at a Southern California school. THE ASSOCIATED PRESS

m.metronews.ca

Video showing Romania's president allegedly punching a child has dominated that country's national election campaign. Scan this barcode for the full story.

Hunt on for suspect in cop killing

SEATTLE A special tactics police team stormed a house yesterday where they thought they had cornered for hours a man suspected of killing four police officers at a coffee shop, only to find that he wasn't there.

The discovery added new urgency to the manhunt for Maurice Clemmons as police canvassed the neighbourhood with search dogs and hundreds of officers were deployed around Seattle for any sign of the suspect. Authorities put up a $125,000 reward for information leading to his arrest.

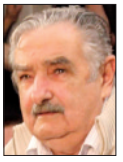
Police had been positioned overnight at a Seattle home ,where they thought Clemmons was holed up, and spent hours trying to communicate with him, using loudspeakers, explosions and even a robot sent into the house. But when the SWAT team went inside, he was nowhere to be found.

Pierce County sheriff's spokesman Ed Troyer said the location of Clemmons was not known, and it's possible he still could be in the neighbourhood. Troyer also said people who know Clemmons told investigators he had been shot in the torso in his bloody struggle with the officers.

Troyer said warrants for first-degree murder have been issued against Clemmons in the killings of the officers from the Tacoma suburb of Lakewood, who were gunned down in a coffee shop on Sunday morning. THE ASSOCIATED PRESS

Mujica elected president

VOTE President-elect Jose Mujica retreated to his flower farm and shunned the spotlight yesterday, saying that dumping more talk on Uruguayans after a speech-filled campaign "would be like raining on what is already wet."



Jose Mujica

Congratulations poured in from across Latin America for the former guerrilla whose homespun manner and vows to govern as a conciliator persuaded his nation to trust him with its democracy. THE ASSOCIATED PRESS

Argentina's gay marriage law on hold
An Argentine judge put a hold yesterday on another court's decision to permit the first gay marriage in Latin America. THE ASSOCIATED PRESS

DAVID J. PHILLIP/THE ASSOCIATED PRESS FILE PHOTO

In this June 11 file photo, Elin Nordegren talks to her husband, golfer Tiger Woods, during the first quarter of Game 4 of the NBA basketball finals in Orlando, Fla.

Tiger hides his tale after tournament

Tiger Woods still isn't talking. Now he's not playing, either.

Woods withdrew yesterday from his own golf tournament, citing injuries from a car crash near his Florida home. His decision comes as questions continue to mount regarding what exactly happened in the wee hours of the morning last Friday — questions that most certainly would have been asked of him had he played.

The world's No. 1 golfer posted a statement on his website saying that unspecified injuries prevented him from playing in the Chevron World Challenge. He had been scheduled to hold a press conference today for the tournament, which he hosts annually for a small, invited, field.

"I am extremely disappointed that I will not be at my tournament this week," Woods said.

"I am certain it will be an outstanding event and I'm very sorry that I can't be there."

Officials said fans who bought advance tickets with the hope of seeing Woods could get refunds beginning next week. Those who keep their tickets will get a 20 per cent discount next year.

Woods sustained cuts and bruises when he crashed his SUV into a fire hydrant and a tree at 2:25 a.m., outside his home in an exclusive, gated community near Orlando. He was treated and released from hospital, and has not been seen in public since.

THE ASSOCIATED PRESS

$77M bond put on Pinochet's widow

LAUNDERING A Spanish judge has ordered the widow of Augusto Pinochet, his former lawyer and two bankers to post a $77-million bond while he investigates allegations they laundered money for the Chilean dictator, according to a court document released yesterday.

The order came from Judge Baltasar Garzon, who is best known for having Pinochet arrested in London in 1998 and trying, ultimately in vain, to put him on trial in Spain on terrorism, torture and other charges. The money probe stems from that original case and was instigated at the request of a human rights foundation that works to pay compensation to victims of the Pinochet regime.

Garzon wrote that the bond is to "cover whatever financial liabilities might arise" in his probe of the widow, Maria Lucia Hiriart Rodriguez, and the other suspects. The former lawyer is named in the five-page court order as Oscar Custodio Aitken Lavanchy. The bankers, who work for Banco de Chile, are named as Pablo Granifo Lavin and Hernan Donoso Lira.

THE ASSOCIATED PRESS

Died in 2006

- Augusto Pinochet died in 2006, without standing trial for abuses during his 1973-90 dictatorship.

Arkansas cop fired after using stun gun on 10-year-old girl

ARKANSAS The police officer in a small Arkansas town who used a stun gun on an unruly 10-year-old girl has been fired for violating department policy — not for using the Taser itself, but for failing to use the camera attached to it, the town's mayor said.

Ozark Mayor Vernon McDaniel said he received notice of Officer Dustin Bradshaw's firing yesterday morning.

His termination was effective Friday.

"The policy that Officer Bradshaw failed to obey is failure to have his camera placed on his Taser," police Chief Jim Noggle wrote in a memo to McDaniel. "It is the officer's duty to ensure all of his equipment is present and in working order."

The girl, who hasn't been identified, wasn't injured. THE ASSOCIATED PRESS

News in brief

CONVICTION Steven Dale Green, a former U.S. Army soldier who raped a girl and killed her and three family members in Iraq challenged his convictions yesterday, saying he was wrongly tried in a civilian court and should have faced a military trial.

AUTISM The first rigorous study of behaviour treatment in autistic children as young as 18 months found two years of therapy can vastly improve symptoms, often resulting in a milder diagnosis.

THE ASSOCIATED PRESS

Wow!
Make Long Distance Calls from your Home, or EVEN your Cell Phone
Comwave Will Beat the Rate you Currently Pay... GUARANTEED!
CUBA 85¢ GREECE 2.9¢ PAKISTAN 5.9¢ PHILIPPINES 11.9¢
Afghanistan..24.9¢ Bangladesh from 3.9¢ Barbados..... 9.9¢ Chile..... 2.9¢ China..... 2.9¢ Ecuador.....12.9¢ El Salvador. ..... 9.9¢ Jamaica..... 8.9¢ Jordan.....3.9¢ Kenya from .....6.9¢ Kuwait.....6.9¢ Lebanon ..... 9.9¢ Libya.....24.9¢ Nepal from .....7.9¢ Oman..... 14.9¢
Fiji..... 24.9¢ Ghana.....9.9¢ Greece.....2.9¢ Guatemala.... 10.9¢ Guyana.....27.9¢ Honduras.....15.9¢ Iraq from ..... 4.9¢ Israel.....2.9¢ Italy..... .2.9¢ Russia from ..... 2.9¢ Saudi Arabia from 3.9¢ South Korea.. 2.9¢ Sri Lanka.....11.9¢ Trinidad..... 4.9¢ U.A.E.....16.9¢
GUARANTEE
The Lowest Long Distance Rates For Life!
If you EVER find a lower rate, we GUARANTEE to beat it!
comwave
NEW LOW RATE
INDIA 2.9 ¢/min
If the Country you call is not listed, call now and we'll beat the rate you are currently paying.
UNLIMITED Calling to Anywhere in CANADA $5 /month
Make Long Distance calls to Anywhere in the World from your Cell Phone at Comwave's GUARANTEED Lowest Rates
✓ No need to cancel your service provider
✓ $10 Free Long Distance for every friend you refer
✓ No Contracts
1-866-380-6055
comwave
www.comwave.ca
While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. LONG DISTANCE: Comwave will not use search against chatty or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. 2.9 Cents per minute to India is based on a monthly plan of 500 month for 365 minutes. Unused minutes do not roll over to the following month. Rate Guarantee is based on competitors lowest advertised rate for like services. Plan is based on a 1 yr term where early cancellation fees apply. There is a 30 day satisfaction period where you may cancel at any time. Unlimited Canada plan does not include calls to the Yukon, Nunavut or N.W.T. The Comwave Global Bundle does not include calls to overseas mobile phones. Calls to Argentina on this bundle are to Buenos Aires. Call to Brazil on this bundle are to Rio De Janeiro and Sao Paolo. Calls to Overseas Mobile Phones may be billed at a higher rate.

Minimize your taxes.
Maximize your savings.
It's worth a talk.

It's easier to save money when you don't have to pay tax on your savings.

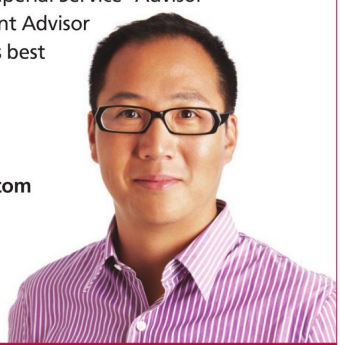
CIBC TAX-FREE SAVINGS ACCOUNTS
Save more. Save faster.
Choose from a range of CIBC TFSAs.
Helping you *achieve what matters* sooner.

Save on tax.
With a CIBC TFSA, you don't pay tax on any interest or other income you earn. That way your savings increase faster and you can *achieve what matters* to you sooner.

Choose from a range of CIBC TFSAs.
No matter what your savings and investment needs, there's a CIBC TFSA solution for you. Choose from savings accounts for easy access to your money, or GICs for security and growth. For greater long-term growth potential, consider mutual funds or for a simplified investment choice, there's managed portfolios. To take advantage of the markets, consider our brokerage solutions.

Work with an experienced CIBC advisor.
A CIBC advisor will meet with you, understand your goals and help you determine which TFSA solution works best for you and how it can fit into your overall personalized plan.

Discover TFSA solutions today.
Talk with a CIBC advisor, a CIBC Imperial Service® Advisor or a CIBC Wood Gundy® Investment Advisor about which CIBC TFSA solution is best suited to your needs.



Visit any CIBC branch, go to cibc.com and watch our TFSA video or call 1 800 465-CIBC (2422).

CIBC
For what matters.

CIBC Imperial Service and CIBC Wood Gundy products and services are provided by CIBC and CIBC affiliates; ask for details. CIBC TFSA brokerage solutions are provided by certain CIBC affiliates; ask for details. CIBC Imperial Service is most appropriate for individuals with household investable assets greater than $100,000. CIBC Wood Gundy is most appropriate for individuals with household investable assets of $250,000.
®Registered trademark of CIBC. "It's worth a talk." and "CIBC For what matters." are trademarks of CIBC.

Police nab alleged Christmas-hating thief
Ohio police have arrested a man who they say swiped a Salvation Army fundraising kettle, saying he hated Christmas. THE ASSOCIATED PRESS

Flu hype enters court

Parents can't agree on whether daughter should get vaccine

Flu Outbreak

An estranged couple whose case was in family court yesterday may be on the cutting edge of marital disputes. The issue: Whether their healthy, school-age daughter will be given the swine flu vaccine.

Dad says yes; Mom says no. Barring a last-minute agreement, a judge on the island of Jersey will decide.

"I have independently researched the vaccine and I am not convinced it is proved safe," the child's mother told The Associated Press.

"I feel it has been rushed through so quickly, under extreme circumstances, and I don't want my daughter exposed to it unless there are long-term studies."

The mother, whose name cannot be released for legal reasons, said she is worried about possible long-range health problems that may develop far in the future, but she said her former partner insists their nine-year-old daughter get the vaccine, which is being offered to Jersey children on a voluntary basis.

The swine flu vaccine question is relatively new, but lawyers and psychologists say it is common for couples to have strong disagreements on health-care issues.

Safety first

- WHO officials insist the vaccine, which was rushed into production, is safe, including for children. Top WHO flu expert Keiji Fukuda said last week that about 40 countries have given at least 100 million doses of swine flu vaccine and that no unusual safety problems have been identified.

"In my professional experience, this happens very often," said psychologist Caroline Schuster, who practises in England.

"Couples regularly disagree on which is the best medical way forward."

THE ASSOCIATED PRESS

Honduras 'Don't vote'

ESTEBAN FELIX/THE ASSOCIATED PRESS

Supporters of Honduras' ousted president Manuel Zelaya show their hands with the words in Spanish "Don't vote" in Tegucigalpa yesterday. Many Western Hemisphere countries are refusing to recognize Honduras' newly elected President Porfirio Lobo because of a coup earlier this year. The U.S. government recognized the elections' results.

Police release sketch of possible suspect in Russian train bombing

ATTACK Police released a composite sketch yesterday of a man thought to be involved in a train bombing that killed 26 people, and a railway official suggested the attack had the hallmarks of terrorists from the volatile North Caucasus.

Authorities say Friday night's derailment of a train speeding from Moscow to St. Petersburg was caused by a bomb planted on the tracks. The blast gouged out a 1.5-metre crater and sent the final three carriages of the 14-car Nevsky Express hurtling off the rails. A second explosive device partially detonated at the crash site Saturday as railway workers were clearing debris.

Terrorism has been a major concern in Russia since the 1991 collapse of the Soviet Union, as Chechen rebels have clashed with government forces in two wars and Islamist separatists continue to target law enforcement officials.

A high-level official of the state-run railroad company official suggested militants from North Caucasus were likely behind the attack, citing the second explosion that he said was a hallmark of the insurgents. THE ASSOCIATED PRESS

British PM to send 500 troops to Afghanistan

WAR British Prime Minister Gordon Brown said yesterday that 500 extra U.K. troops will arrive in southern Afghanistan next month, ahead of video conference talks with President Barack Obama on U.S. plans to send reinforcements.

Brown said that additional British forces will arrive early next month in Afghanistan's Helmand province, increasing Britain's troop numbers in Afghanistan to about 10,000 troops.

THE ASSOCIATED PRESS

Capture life as it happens with the Nokia N86 8MP.

Life is an exciting journey, especially with the Nokia N86 8MP. With Nokia's exclusive Ovi Maps and GPS, you can plan virtually every twist and turn in the road. And you can hang on to every moment with its award winning 8 megapixel camera. You can even share updates on Facebook along the way. From cool apps to 3D maps, the Nokia N86 8MP is full of life.

NOKIA
Connecting People

Now available at
ROGERS™

Go to **ovi.com** to discover new apps, maps, and more for your Nokia phone.

NOKIA
ovi

© 2009 Nokia. All rights reserved. Nokia, NSeries, N86, Nokia Connecting People and Ovi are trademarks or registered trademarks of Nokia Corporation.

™Rogers & Mobius design are trademarks of Rogers Communications Inc.

Downloading of applications, maps, games, music and videos and uploading of images and videos involves transferring large amounts of data. Your service provider may charge for the data transmission. Contact your service provider for information about data transmission charges. The availability and accuracy of GPS location services are dependent on wireless networks, satellite systems, and the agency receiving the information. It may not function in all areas or at all times. You should never rely solely on GPS products for essential communications like emergencies. Wireless service is required to use many features. Some networks have limitations that affect how you can use this device. Contact your service provider about feature support and availability.

VANCOUVER
Publisher, Maryse Lalonde
Managing Editor, Fernando Carneiro
Distribution Mgr, George Acimovic

METRO CANADA
Group Publisher, Bill McDonald
Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt
Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mrktng Director, Jodi Brown

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

METRO CANADA: TORONTO | OTTAWA | MONTREAL | HALIFAX | EDMONTON | CALGARY | VANCOUVER

Comment

Demagogic patriot games

Do Tories have something to hide over Afghan detainees?

NationalReport

One of the leading rules of politics is to keep it simple. Reduce complex issues down to elementary terms that all earthlings, no matter what their degree of cranial endowment, can understand.

American Republicans have been especially good at this tactic. Most notably on the subject of the military they have often played the patriot card effectively. Ronald Reagan made a career out of it.

This may help explain why the Harper Conservatives have been going that route on the Afghan detainee file. Their pitch? If you believe diplomat Richard Colvin on detainee torture, you're either a Taliban supporter or guilty of not supporting our troops.

This line of reasoning, they must know, is intellectually infantile. The Tories have no monopoly on patriotism. Opposition MPs are vocal supporters of the military. Military men and women are human, make mistakes like everybody else and should be subject to questions like everyone else.

"The Tories have no monopoly on patriotism. Opposition MPs are vocal supporters of the military."

But this didn't stop Stephen Harper from telling naval officers in Port of Spain on Sunday that some in the political arena have been "throwing the most serious of allegations at our men and women in uniform based on the most flimsy of evidence." Despite these ingrates, he said, Canadians "are proud of you and stand behind you and I am proud of you and I stand behind you."

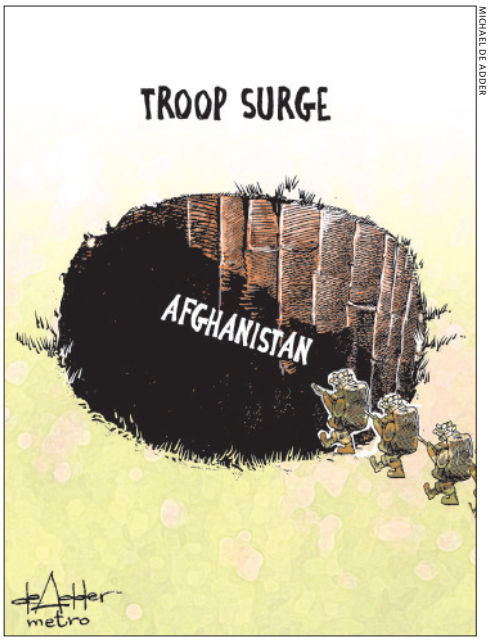
Liberal Leader Michael Ignatieff was quick, as he should have been, to hit back, saying the innuendo suggesting Liberals were not behind the forces was beneath the office of the prime minister. The PM didn't show up in the Commons to answer questions yesterday. But stand-in John Baird was full of rage because Liberal MP Ujall Dosanjh had dared to criticize a former Canadian general's testimony on the Afghan matter.

What the Tories are doing with their militarization of the country, said Keith Martin, the Liberal MP who used to sit with the Alliance party, is build the military men into heroes and then demolish anyone who dares breathe an unfavourable word.

On the detainees question we don't know which side is correct. The Conservatives are hunkering down. They are not releasing results of Canadian military police investigations in Afghanistan. They've stonewalled the Canadian Military Police Complaints Commission on the issue. They declare important correspondence off limits because of national security.

This gives the impression they have something to hide on this file. It may well be the reason why they are playing their demagogic patriot game. It's the best card they've got.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.



MICHAEL DE ADDER

Views

Why gold might not pan out in long term

InBusiness

Gold frenzies are great for journalists because they provide lots of colour, and I'm not just talking about bullion's natural lustre.

In 1980, when gold was heading for $850 US an ounce, small investors panicked at the thought of rampant inflation following the second OPEC oil price shock. Like today's flu shot seekers, they formed long lines to buy one-ounce gold wafers as a financial immunization against future uncertainty.

This time around, the fear is playing out differently. Investors small and large are buying gold alright — they've driven its value up more than 30 per cent this year to slightly less than $1,200 US an ounce — but many are having trouble storing it. In the U.S., HSBC Bank has told retail customers to take their coins and bullion elsewhere because it needs the vault room for institutional clients. This has occasioned a vast migration of armoured trucks as hoarders seek new hiding places that will be safer than their mattresses.

Gold may have limited practical uses, but it's been a preferred refuge of value for close to six millennia. And these days, it has a lot going for it, starting with the worldwide uncertainty based on the faltering U.S. economy and dollar. Fears about the potential for inflation resulting from fiscal stimulus and government bailouts drive people to buy gold. Investment funds are reportedly heavily into the action.

The fact that central banks in places like India are adding to bullion reserves puts upward pressure on the price. So does news like the recent announcement that U.S. hedge fund manager John Paulson is launching a new gold fund. No wonder mines from Australia to South Africa are cranking up production.

But enthusiasts who aren't hard-core gold bugs should remember that the price of this most precious of metals won't always outperform other investments, chiefly stocks. Historically, these two asset classes seem to alternate as investor favourites, with stocks rising when gold is in relative decline and vice versa.

For verification, check the record of the Dow/Gold Ratio — the ratio of the Dow Jones Industrial Average index divided by the price of an ounce of gold. In the short and sometimes medium term, you might be better off investing in one rather than the other. Yet sensible investors will make a habit of diversifying, making gold or gold equivalents like mining shares part of a balanced portfolio that, over the course of a lifetime, will provide solid growth and sound slumber.

Charles Davies is a veteran business writer who has worked for Canadian and international news organizations.

Worth mentioning

World's largest atom smasher breaks record

The world's largest atom smasher broke the world record for proton acceleration yesterday, firing particle beams with 20 per cent more power than the American lab that previously held the record.

Phenomena

- Physicists hope this will help them understand suspected phenomena such as dark matter, antimatter and supersymmetry and, ultimately, the creation of the universe billions of years ago.

The power of the Large Hadron Collider's proton beams is essential to the project's ultimate goal: Smashing particles into each other with enough force to shatter them into the smallest building blocks of matter.

The early-morning test continues a recent sequence of successes that have elated scientists who were disappointed by the $10-billion machine's collapse last year during its opening in a 27-kilometre tunnel under the Swiss-French border. The breakdown required extensive repairs and improvements.

The collider fired two particle beams at 1.18 trillion electron volts early yesterday, surpassing the previous high of 0.98 1 TeV held by the Chicago-area Fermilab since 2001, according to the European Organization for Nuclear Research. THE ASSOCIATED PRESS

We Know What You're Thinking

48% The number of Canadians who have never changed their email address.

IPSOS REID

Tell us your views by email to vancouverletters@metronews.ca or comment on metronews.ca or on Twitter @vancouvermetro
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

Sears

HOLIDAY COUNTDOWN SALE ON NOW

DURING SEARS DAYS, OUR LOWEST PRICES OF THE YEAR

Sale prices end Sunday, December 6, 2009, unless otherwise stated

24 SHOPPING DAYS LEFT!

55% OFF**

***All** women's reg.-priced WonderBra® & Playtex® boxed bras, briefs & bodybriefers.

****45%** off in-store plus 10% off with manufacturers' mail-in rebate. Details in store.

40% OFF

39.99 Each

Men's Levi's® 505®, 516®, 550, 569®, 528 & 640 jeans.

Sears reg. 69.99.

40% OFF

***All** women's reg.-priced Holiday dresses and evening separates from our Dress Shop.

30% OFF

***All** women's reg.-priced leather gloves and cold weather & fashion accessories.

Sears reg. 399.99

$185 OFF

214.99

KitchenAid® 'Classic' 4.5-quart stand mixer. 250 watts with 10 speeds. Dough hook, flat beater and wire whip attachments.

KitchenAid

FOR THE WAY IT'S MADE

Sears reg. 289.99

$110 OFF

179.99

CRAFTSMAN®/MD 1/2-hp chain-drive garage door opener. Two 3-function remotes. Standard console. #18453. Installation extra

MAIL-IN OFFER

Also, receive a manufacturer's mail-in claim form for a bonus keyless entry pad & compact remote.

#18195/2. A $104† value. Ask for details.

50% OFF *All reg.-priced Christmas trees

*These savings offers exclude items with prices ending in .97, Lands' End brand, Special Purchases, manufacturers' clearance items, twin packs and currently advertised items.

†Value based on Sears retail prices.

NE121G209 © 2009. Sears Canada Inc.

NS Power gets go-ahead for wind farm
Nova Scotia Power has been given in the go-ahead to build a $120-million wind farm in Colchester County. THE CANADIAN PRESS

Business

DOLLAR	GAS	OIL	TSX
US 94.73¢	US $4.84	US $77.28	11,447.20
US .52¢	US 34.4¢	US $1.23	17.21

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

In brief

MEDIA CONTENT There's an intriguing idea floating around the media: Microsoft Corp. wants to undercut Google so badly in Internet search that it might pay newspapers to withhold their content from Google. The unorthodox strategy faces stumbling blocks, starting with this one: Microsoft is unlikely to fund a Google boycott.

THE CANADIAN PRESS

m.metronews.ca

Scan this barcode for more Business news on your smartphone.
Learn how to scan the barcode with the instructions at the top of pg 3

Dubai **Fallout**

The Burj Dubai, the world's tallest building, is seen in the background in Dubai, United Arab Emirates yesterday. Concerns about the fallout from the debt crisis in Dubai limited gains on the Toronto stock market.

KAMRAN JEBREILI/THE ASSOCIATED PRESS

Economy makes third-quarter gains

Growth still under Bank of Canada's predictions

Canada's economy inched ahead in the third quarter, meekly heralding an end to the recession and the start of what is predicted to be slow and laborious recovery.

Statistics Canada reported yesterday that real gross domestic product, an inflation-adjusted measure of the economic growth, expanded at an annualized rate of 0.4 per cent in the third quarter. That was below the Bank of Canada's two per cent growth prediction for the quarter, and economist's expectations for an annualized growth rate of 0.6 per cent, according to CIBC World Markets.

Demand

- The agency said final domestic demand advanced 1.2 per cent during the quarter, as capital investment and personal spending both increased.

The first overall economic growth in a year marks an end to the recession, which is defined as at least two back-to-back quarters of contraction. By comparison, the American economy registered growth of 2.8 per cent during the same period, the agency said. Real GDP was up 0.4 per cent in September, the final month of the quarter.

THE CANADIAN PRESS

SFU
SFU BUSINESS
SIMON FRASER UNIVERSITY

THINKING OF AN MBA?

Whether your goals include joining an existing organization or pursuing your own entrepreneurial venture, we'll give you the tools and experience to thrive in the new business world. Our MBA is a full-time, 12-month program for those with undergraduate degrees in areas other than business, and less than five years of professional work experience. Upon completion of the program, students may enter a three- to eight-month internship to gain essential work experience.

CAN'T DO A FULL-TIME MBA?

Not everyone is able to adapt life to the rigorous timetable of a face-to-face business program. That's why we developed the Graduate Diploma in Business Administration. It utilizes an online learning environment that lets you study when it is convenient to your schedule, from wherever you are.

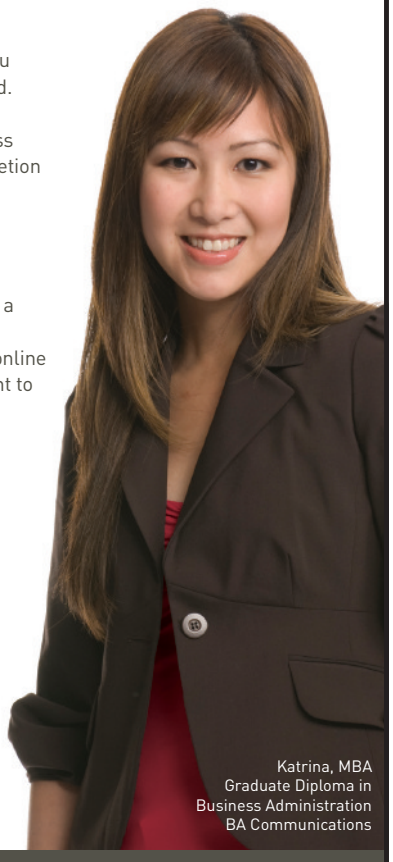
COME TO AN INFO SESSION

For more information on these and our other graduate business programs, visit our website at business.sfu.ca/segal or come to an info session:

- Tuesday, December 8, 2009
- Thursday, January 28, 2010
- Tuesday, March 9, 2010

Information sessions start at 5:30 p.m. and are held at Segal Graduate School of Business, 500 Granville Street.

Register today at business.sfu.ca/infosession or call 778.782.5013.



Katrina, MBA
Graduate Diploma in Business Administration
BA Communications

SFU Business • Segal Graduate School • Simon Fraser University

HUMAN RESOURCES
MANAGEMENT DIPLOMA

Start a new career or upgrade your current skills!

Our HR Program provides you with the skills employers are looking for. And because our program follows the national HR Standards, you may decide to continue on to become a **Certified Human Resources Professional (CHRP).**

Offered both full-time and part-time.

Contact **Susi Siebert**
or visit our website for more information.

Ashton College
www.ashtoncollege.com
PH 604.899.0803

Nobody likes surprises.

With no system access fee, what you see is what you pay.

At TELUS, we're making rate plans friendly. With our new **Clear Choice™** Plans, there are no system access fees or carrier 911 fees. The price you see is the price you pay, so choosing the right plan is easy. And whether you visit us in-store or online, we'll help you find your perfect phone to go along with it. TELUS. the future is friendly®.

Clear Choice™ 30
$30/month*

- Up to 100 local anytime minutes + 50 BONUS minutes†
- Unlimited local night and weekend calling (9pm)
- Choose one Clear Choice option to double your minutes†, add 1,000 text messages‡, or add unlimited talk & text to your local 5 favourite numbers‡ **

telusmobility.com/futurefriendly

TELUS
the future is friendly®

TELUS AUTHORIZED DEALERS

LOWER MAINLAND

Vancouver
551 Robson St.
Oakridge Centre
Pacific Centre
2163 West 4th Ave.
5720 East Blvd.
689 Thurlow St.
925 West Georgia St.
1855 Burrard St.
3121 West Broadway
2748 Rupert St.
525 Seymour St.
625 Howe St.
950 West Broadway
1707 Robson St.
1092 Kingsway
3490 Kingsway
2338 Cambie St.

Burnaby
Brentwood Mall
Crystal Square
Lougheed Mall
Metrotown/Metropolis
4501 North Rd.
4711 Kingsway
3823 Henning Dr.
3430 Brighton Ave.

Coquitlam
Coquitlam Centre
3278 Westwood St.
3000 Lougheed Hwy.
2988 Glen Dr.
1071 Austin Ave.

New Westminster
Royal City Centre

North Vancouver
Capilano Mall
1199 Lynn Valley Rd.
1295 Marine Dr.
1801 Lonsdale Ave.
1392 Main St.

Richmond
Admiralty Centre Mall
Ironwood Mall
Parker Place
Richmond Centre
12571 Bridgeport Rd.

West Vancouver
Park Royal Shopping Centre North/South

Whistler
7009 Nesters Rd.

Squamish
38116 2nd Ave.

For more details on these great offers, visit your TELUS authorized dealer or retailer, visit telusmobility.com or call 1-866-264-2966.

FUTURE SHOP BEST BUY LONDON DRUGS Visions

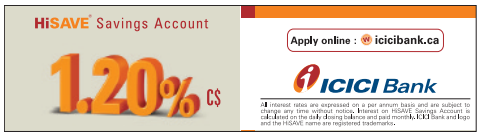
*Taxes, long distance, additional airtime, roaming and pay-per-use charges are extra per member. Plus applicable municipal tax for 911 in Quebec beginning December 1, 2009: 40¢. †BONUS minute offer is available on a 1, 2 or 3 year service agreement until December 31, 2009. BONUS minutes are not doubled when the client chooses double anytime minutes feature. ‡Premium messages are not included. An additional 10¢ charge will apply for each text message or attachment sent outside of Canada and the U.S. Text messages sent or received while roaming internationally will be charged at 60¢ per message. **Your five numbers must be Canadian domestic numbers and must not include your own TELUS mobile phone number, your voice mail retrieval number, toll-free or 900 numbers. Local talk & text refers to calls made or received from your mobile phone, and are subject to additional roaming, and/or long distance charges. Text messages can only be sent and received from other mobile phones and are subject to roaming and international charges. You may change the five numbers once per billing cycle by visiting telusmobility.com. TELUS, the TELUS logo, the future is friendly and Clear Choice are trademarks of TELUS Corporation, used under licence. Google, the Google logo, Google Maps, YouTube, Android and Gmail are trademarks of Google, Inc. All other trademarks are the property of their respective owners. © 2009 TELUS.

Interest rates/Savings accounts (Please check bank websites as some rates require minimum account balance)

BMO	CIBC	HSBC	ICICI	ING	PCF	RBC	SBIC	Scotia	TD
1.00%	0.75%	0.80%	1.20%	1.05%	1.00%	0.75%	1.25%	1.00%	0.75%

Your Money

EDITOR: FERMIN.DESOUZA@METRONEWS.CA



Donating shares to charity

MoneyMatters

Q Is it more advantageous to sell shares and use the funds to make a donation or donate the shares directly to charity? How much capital gains tax will I pay?

— Daren

A Sell shares and donate the money: You will receive a 15 per cent tax credit on the first $200 and 29 per cent on the amounts above that. The sale of shares will be subject to tax on 50 per cent of the capital gain.

Donate shares directly to charity: The 2006 federal budget eliminated the income-inclusion rate for donations of listed publicly traded shares and therefore your capital gains and tax is nil. Additionally, you can also claim the tax credit. This is a triple benefit. You pay no tax on the appreciated value of your shares, get a tax credit and give to a good cause.

Henry Choo Chong, CGA, can be reached at choochonghcga@yahoo.ca.

On the web

Investing: Allan Small discusses the Dubai situation and how to look at weakness as a buying opportunity. Visit metronews.ca/ investing.

Cross-border bargains?

AlisonOnMoney

After eyeing my daughter's Mac with envy for the past year, I decided to buy one of Mr. Job's fun machines. But once I crunched the numbers it cost me $82 less to buy it here than in the U.S.

Still, countless Canadians stampeded south this past weekend as U.S. retailers hacked at prices like gladiators determined to be the last man standing. Bargains do abound for canny shoppers but you have to know your prices, do some research and be disciplined.

For example, on Black Friday last week, Best Buy in the States was offering a door buster price of $999 US on a Samsung 46" LCD HDTV. Nice. In Canada the best price I could find was $1,399 US — $1,581 Cdn after taxes.

Let's assume you were tempted by the siren call of deep discounts in the States and bought that TV. The landed-in-Canada price ends up at $1,342 Cdn including GST, exchange, gas, tolls and lunch. (There's no duty on this TV but you'd pay three per cent to five per cent if it had been a plasma model.) That's a savings of $239, give or take. Not bad. But the price assumes you got the door crasher special which was limited to lucky ticket holders.

Many cross-border shoppers fall victim to impulse. "I drove all this way so I can't go back home with just a pair of socks!" Impulse is deadly if you don't know your tariffs. Clothing made outside the US is subject to as much as 20 per cent duty. Ouch! Downhill ski boots can come home duty free but cross country ski boots could set you back 18 per cent depending on where they were made.

Check with customs at 1-800-461-9999 for tariff rates and don't forget that you pay GST on all goods after duty has been applied and it is based on the value of the item in Canadian dollars.

SAN ANTONIO EXPRESS-NEWS, LISA KRANTZ/THE ASSOCIATED PRESS

Canny shoppers can find bargains in the U.S. but you have to know your prices and what duties you would have to pay.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at alison@alisongriffiths.ca.

BEST BUY FUTURE SHOP LONDON DRUGS Walmart Zellers koodo shop

Aberdeen Mall
Brentwood Town Centre
Coquitlam Centre
Guildford Town Centre
Lougheed Town Centre
Mayfair Shopping Centre
Metropolis at Metrotown
Oakridge Centre
Orchard Park Shopping Centre
Park Royal Shopping Centre
Richmond Centre

'It all starts with you'

RAFAEL BRUSILOW
for Metro Canada

A sculptor would never enter the workshop without the right tools, and neither should a determined online investor hoping to sculpt a financial future.

For people who want to take personal command of their investments, direct investing online can be both more challenging and more rewarding than traditional investing; RBC Direct Investing provides an unparalleled collection of tools to help you succeed.

One of the most crucial features of any powerful portfolio is the right mix of different asset types to ensure a healthy, diverse portfolio.

Jason Storsley, president and CEO of RBC Direct Investing, says the fundamental starting point for any investor is to figure out what type of asset mix is right for him or her.

"You don't want to put all your eggs in one basket, so understanding what your asset mix should be is the starting point for any level of investor," he said.

RBC's asset mix calculator, available to RBC direct investors, takes the guesswork out of building an asset mix by taking into account each investor's individual needs and suggesting a specific investment profile tailored to that investor. It all begins with gauging for yourself what your needs and limits are, to understand what kind of investor you will be.

"If you're building a healthy portfolio that's going to help you meet your investment objectives, it all starts with you — you have to understand something about yourself and your level of risk tolerance," Storsley said.

Aggressive investors will likely keep less of their money in cash and bonds and more in equities, while passive investors will probably go the opposite route, for instance. No matter what your profile, however, RBC's asset mix calculator will make expert-vetted suggestions to guide you on the right path for your needs.

Once you've chosen an asset mix, building your portfolio can feel like a daunting next step. With thousands of mutual funds in the market, you'll need some expert advice to figure out which options work best for you — that's where RBC's model portfolios prove an invaluable resource.

RBC model portfolios are pre-selected by RBC experts and investment advisers to already provide a fully diversified, packaged portfolio for a variety of investment and investor types. Each portfolio includes a potential mix of stocks, mutual funds, bonds, equities and other elements carefully suited to a specific investment goal, taking the confusion out of trying to build a solid portfolio.

Each model portfolio is fully customizable as well so you can swap out any elements you like with your own well-researched choices if you wish — you're not tied down to any specific part of a model portfolio and you remain in full control of any and all parts of your investment process.

"You can take our recommendation in full or in part — we won't tell you what to do but we will put options in front of you," Storsley said.

The RBC Direct Investing site includes a wealth of investment research pulled from top investment advice houses like Standard & Poor's, Morningstar and RBC Capital Markets, making it easy to keep up with market changes and top investment strategies.

For more hands-off investors, RBC Direct Investing offers the option of setting up email alerts to notify you when things happen in the market. Perhaps you want to know when a particular stock drops to a certain price. You can also keep multiple watch lists for stocks with up to 30 stocks per list so you can be informed in a single click about what the segment of the market you're interested in looks like.

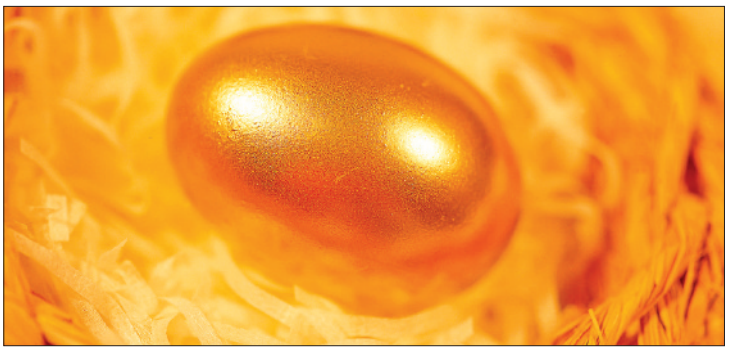
"You don't have to sign into the site every day as you can set it up to get an email when a specific event occurs. We have a lot of clients saying they don't want to have to monitor things constantly and we try to make it as easy as possible for you to monitor your investments," Storsley said.

With RBC Direct Investing, it's all about taking the micro-management out of online investing by providing the tools to make successful investing possible.

"You don't have to micro-manage your decisions to be successful because regardless of your investment knowledge, we've got the right tools for you," Storsley said.

On the web

- For more on RBC Direct Investing, log on to rbcdirectinvesting.com.



Don't put all of your investing eggs in one basket, experts at RBC advise.

"You don't want to put all your eggs in one basket, so understanding what your asset mix should be is the starting point for any level of investor." Jason Storsley

RBC Direct Investing™

vancouver 2010
PREMIER NATIONAL PARTNER

Confidence is always a great investment.

Introducing RBC Direct Investing Practice Accounts.

Now you can gain confidence in your investing skills without the risk. With an RBC Direct Investing™ Practice Account, you can test drive online investing without using real money. Learn to invest on your own terms with access to a host of powerful tools and educational resources to help you build your investments knowledge. Take control of your financial future with an RBC Direct Investing Practice Account.

Get started at
rbcdirectinvesting.com/practice

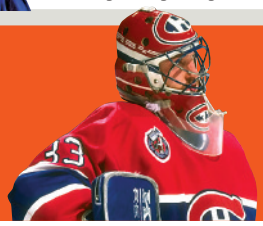
CREATE
A FUTURE WITH PEACE OF MIND

RBC Direct Investing Inc.*, and Royal Bank of Canada are separate corporate entities which are affiliated. *Member CIPF. RBC Direct Investing Inc. does not provide investment advice or recommendations regarding the purchase or sale of any securities. Investors are responsible for their own investment decisions. RBC Direct Investing is a business name used by RBC Direct Investing Inc. ™ Trademark of Royal Bank of Canada. ® Registered trademark of Royal Bank of Canada. Used under licence. © Copyright 2009. All rights reserved. ™ ©2008, VANOC. Used under licence.

Notre Dame sacks coach

Notre Dame fired football coach Charlie Weis, left, yesterday after a string of disappointing seasons that was capped by an agonizing four-game losing streak. Notre Dame will be looking for its fifth coach this decade. THE ASSOCIATED PRESS

Sports



Are Habs Canada's team?

Canada's oldest hockey team is also this country's most revered, according to a new poll released yesterday in celebration of the Montreal Canadiens' 100th anniversary. One-third of respondents named the Habs when asked to identify "Canada's team," compared with one-quarter, who said the same for their archrival Toronto Maple Leafs. THE CANADIAN PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

Saints march into NFL history

NFL

Patriots 17 Saints 38

AT

The New Orleans Saints are still unbeaten and have joined the Indianapolis Colts in making NFL history.

Drew Brees threw for a season-high 371 yards and five touchdown passes, and the Saints beat the New England Patriots 38-17 last night. The Saints joined the Colts at 11-0, the first time two teams have opened with that many wins in the same season.

The convincing victory left little doubt about New Orleans' credentials to match the Patriots' 16-0 regular-season mark in 2007. New England remains the only team to go undefeated in a 16-game regular season — for now.

Brees threw touchdown passes to five different players: Pierre Thomas, Devery Henderson, Robert Meachem, Darnell Dinkins and Marques Colston.

It was the second time the Patriots (7-4) lost to an unbeaten team on the road in three weeks.

THE ASSOCIATED PRESS

m.metronews.ca

Scan this barcode for the most recent Sports updates on your smartphone.
Learn how to scan the barcode with the instructions at the top of pg 3

PATRICK SEMANSKY/THE ASSOCIATED PRESS

New Orleans Saint Devery Henderson can't handle a pass while being defended by New England Patriot Brandon Meriweather last night in New Orleans. The Saints won 38-17.

Caps give coach one-year extension

The Vancouver Whitecaps have signed coach Teitur Thordarson to a one-year contract extension.

Thordarson, 57, has led the Whitecaps to the final of the United Soccer Leagues First Division the last two seasons. The native of Iceland will guide the team in its inaugural year in the new North American Soccer League. THE CANADIAN PRESS

SCOREBOARD

NHL

YESTERDAY'S RESULTS

Calgary 5 Nashville 0
Buffalo 3 Toronto 0
Atlanta 4 Florida 3
Colorado 3 Tampa Bay 0
Columbus 5 St. Louis 2
Detroit 4 Dallas 1
Pittsburgh 5 N.Y. Rangers 2
Washington 3 Carolina 2

NBA

YESTERDAY'S RESULTS

Dallas 104 Philadelphia 102
Milwaukee 99 Chicago 97
Utah 120 Memphis 93
Indiana at Golden State

Panthers' Beason arrested for strip club scuffle
Carolina Panthers Pro Bowl middle linebacker Jon Beason was arrested yesterday and charged with punching a man at a strip club. Beason was booked on a misdemeanour assault charge yesterday afternoon and released on a written promise to appear in court. THE ASSOCIATED PRESS

Not angry, but heartbroken

Roughriders fans welcome club back home after Grey Cup loss

Rider pride was bruised, but still very much alive yesterday as Saskatchewan football fans welcomed their team home following a stunning Grey Cup loss to the Montreal Alouettes.

More than 800 fans clad in green and white waited under grey skies for the Roughriders to appear at Mosaic Stadium in Regina. They waved signs that said "Win or Lose Always No. 1 in our Hearts" and cheered wildly as the players made a brief appearance.

"Aw, man, I just can't put into words how much this means to me and this team for the support that you guys have shown today," quarterback Darian Durant told the crowd.

Durant said the team will get past the loss and make it to the Canadian Football League championship again soon.

"I was always told that success is a journey, not a destination, and we're well on our way," he said in a brief speech. "You better believe that we'll be back next year and the year after and the year after. We're here for the long run and get used to seeing the green and white at Grey Cups every year."

The notoriously rabid Rider fans erupted into cheers. It was a similar scene to one played out at Mosaic Stadium after Saskatchewan won the Grey Cup in 2007.

Durant told reporters afterwards that the fan support was overwhelming.

"I didn't expect this at all," he said. "I remember how it was when we won in '07 and this is the same thing, so it's a great, great thing."

The Alouettes edged the Riders 28-27 on a field goal after Saskatchewan was penalized for too many players on the field.

THE CANADIAN PRESS

TROY FLEECE/THE ASSOCIATED PRESS

Saskatchewan Roughriders fans hold up signs at Mosaic Stadium in Regina yesterday in a cheering crowd who were on hand to welcome the team back from Calgary.

Sports in brief

NHL Washington Capitals star Alex Ovechkin left last night's game at Carolina in the opening period with an apparent right knee injury. Ovechkin was injured with 7:55 left in the first period. He appeared to initiate a knee-to-knee collision with Carolina's Tim Gleason as the defenceman attempted to take the puck out of the Hurricanes' zone.

NHL Florida Panthers goaltender Tomas Vokoun was taken off the ice on a stretcher after being accidentally hit in the head by the stick of teammate Keith Ballard in last night's game against the Atlanta Thrashers. Vokoun had a cut on his ear but was alert when he was placed in an ambulance and taken to a local hospital, a Panthers spokesman said.

TENNIS Serena Williams was fined a record $82,500 US for her U.S. Open tirade and could be suspended from that tournament if she has another "major offence" at any Grand Slam in the next two years.

NBA Allen Iverson and the Philadelphia 76ers have met to discuss a possible return to the team. Team president Ed Stefanski said in a statement that both parties remain noncommittal about a final decision after a nearly two-hour meeting yesterday in Dallas.

NFL Arizona quarterback Kurt Warner says he plans to see an opthamologist about lingering post-concussion symptoms that kept him out of Sunday's 20-17 loss at Tennessee. Warner says he's having hard-to-describe issues with his eyes.

SOCCER Ireland has asked FIFA to be allowed into the World Cup as a 33rd team after Thierry Henry's handball helped France eliminate the Irish in a playoff. FIFA president Sepp Blatter revealed yesterday that the Irish had written to football's world governing body asking to be let into the 2010 tournament in South Africa because of Henry's handball.

NFL New York Jets rookie quarterback Mark Sanchez was limited during the team's light practice yesterday with a sore left knee, but should play against the Buffalo Bills in Toronto on Thursday.

BASEBALL Indians centre-fielder Grady Sizemore has contacted investigators from Major League Baseball to stop publication of steamy photographs that he says were stolen from his girlfriend's email account and then posted online.

THE ASSOCIATED PRESS

Health & Beauty

EDITOR: JENNIFER.PRITTIE@METRONEWS.CA

The problems with plan B

HIV/AIDS drugs aren't the safety net young people think they are

CELIA MILNE
for Metro Canada

Message to young, sexually-active people: Don't get lax about HIV/AIDS. Although it doesn't kill as quickly as it used to, it'll hasten illness and aging.

"For the young, active person in a large urban centre, the disease is still out there and still growing," says Dr. Ann Stewart, medical director of Casey House in Toronto. "There's a common perception among the younger crowd that if they get it they'll go on meds. Yes, the medications are miraculous and they've brought people back from the brink. But they have complications. It is still a big experiment."

Someone who is HIV positive and has been on a drug cocktail for 10-15 years may develop complications of aging similar to a person over age 65, says Stewart. This phenomenon is known as "the greying of HIV/AIDS."

Before the advent of anti-retroviral drug cocktails, people who developed HIV/AIDS were often dead within 10 years, she says. Nowadays they can live more than twice that long. Indeed, some of the earliest HIV/AIDS patients from the early 1980s are still alive.

"They can survive the opportunistic infections, wasting, and pneumonia associated with AIDS, but they are at higher risk for other chronic illnesses such as cardiovascular disease, high cholesterol, diabetes, and lung cancer," says Stewart.

Other diseases that occur earlier in the HIV/AIDS population are many different cancers, kidney disease, osteoarthritis, chronic pain, dementia and depression. The medications are a blessing and a curse, she says, because people on drug cocktails living with HIV/AIDS get more illnesses and therefore need more medications to treat the subsequent illnesses. "The number of pills creeps up and up," says Stewart.

A huge majority of Canadians living with HIV (81.8 per cent) live in Ontario, Quebec and British Columbia. Nearly half (44 per cent) of all cases are in Ontario. Quebec accounts for 22.5 per cent of cases; 20 per cent are from B.C. and 1.1 per cent are from Nova Scotia.

Heavier rates of infection are now being seen in Aboriginal peoples.

It's not safe to think of HIV/AIDS as the "gay man's disease." Now, almost one third of new cases are in people who acquired the virus through heterosexual sex, according to a spokesperson from Casey House. Women account for about a quarter of all cases. And remember: a quarter of people who are HIV positive don't know they have it, meaning that they could unknowingly transmit it.

"This is not a disease you want to get. Practice safe sex by using a condom and always ask your partner whether they have been exposed," suggests Stewart.

AIJITSOLANKI/THE ASSOCIATED PRESS

People hold lamps as they participate in an AIDS awareness campaign at Nal Sarovar bird sanctuary, about 75 kilometres from Ahmadabad, India. World AIDS day will be marked today to increase awareness of the sexually transmitted, fatal disease.

Voices of Hope

Tonight, on World AIDS Day, lose yourself in song while honouring those who have died. You can attend one of the Voices of Hope concerts, celebrating lives lost and raising awareness and support for those suffering from HIV/AIDS. These concerts were launched collaboratively in 2008 by Casey House in Toronto, Dr. Peter AIDS Foundation in Vancouver, and La Maison du Parc in Montreal.

- Vancouver concert: Tonight, 7:30 pm at Christ Church Cathedral, 690 Burrard St. $20 suggested donation.

CELIA MILNE/
FOR METRO CANADA

"There's a common perception among the younger crowd that if they get (HIV/AIDS) they'll go on meds. Yes, the medications are miraculous and they've brought people back from the brink. But they have complications. It is still a big experiment."
Dr. Ann Stewart, medical director, Casey House

Autism treatment works in kids as young as 18 mos.

RESEARCH The first rigorous study of behaviour treatment in autistic children as young as 18 months found two years of therapy can vastly improve symptoms, often resulting in a milder diagnosis.

The study was small — just 48 children evaluated at the University of Washington — but the results were so encouraging it has been expanded to several other sites, said Geraldine Dawson, chief science officer of the advocacy group Autism Speaks. Dawson, a former University of Washington professor, led the research team.

Early autism treatment has been getting more attention, but it remains controversial because there's scant rigorous evidence showing it really works. The study is thus "a landmark of great import," said Tony Charman, an autism education specialist at the Institute of Education in London.

There's also a growing emphasis on diagnosing autism at the earliest possible age, and the study shows that can pay off with early, effective treatment, said Laura Schreibman, an autism researcher at the University of California at San Diego. The National Institute of Mental Health funded the study, which was published online in Pediatrics.

Children aged 18 months to 30 months were randomly assigned to receive behaviour treatment called the Early Start Denver model from therapists and parents, or they were referred to others for less comprehensive care.

The therapy is similar to other types of autism behaviour treatment. It focused on social interaction and communication — which are both difficult for many autistic children. For example, therapists or parents would repeatedly hold a toy near a child's face to encourage the child to have eye contact — a common problem in autism. Or they'd reward children when they used words to ask for toys.

The treatment is expensive; participants didn't pay, but it can cost $50,000 US a year, Dawson said.

THE ASSOCIATED PRESS

Sun, snowbirds and HIV

Few want to admit seniors are an at-risk group

The J Spot
Josey Vogels
metronews.ca/thejspot

JOHN MEYER

We may not want to think about what grandpa's really getting up to during his winters in Florida, but as columnist Josey Vogels notes, society can't encourage seniors to have safe sex until we acknowledge that they're still having sex.

New research out of the University of Waterloo indicates that Canadian snowbirds may be doing more than playing canasta when they winter in Florida.

Speaking at a recent AIDS conference in Toronto, gerontology researcher Katie Mairs said that people aged 50 and over account for a growing percentage of HIV cases in Florida, yet few older Canadians who winter in the state take precautions against sexually transmitted infections.

I'm not so surprised. This is a generation that didn't grow up with AIDS. They weren't raised on safer sex messages and probably never rolled a condom onto a banana in their lives.

Yet, here you've got a bunch of retired, elderly folk — many of whom are divorced or widowed and therefore single — with plenty of time on their hands, hanging out with each other in the warm, Florida sunshine. They don't call them "active" retirement communities for nothing.

Unfortunately, in large part because our society prefers to think that sexuality drops off the face of the earth the moment you get a grey hair, the problem isn't getting addressed.

Research has shown that safer sex education works best when targeted to specific at-risk populations. And even then, the results aren't that great. According to a 2005 Canadian Community Health Survey, condom use among those aged 20-24 averages about 50-60 percent. And they've no doubt been rolling condoms onto bananas since puberty.

"This is a generation that didn't grow up with AIDS. They weren't raised on safer sex messages and probably never rolled a condom onto a banana in their lives."

In order to address rising HIV rates among the elderly, we need to start by first admitting that old people have sex and may even be having it with multiple partners, as the University of Waterloo research indicates.

Then we need to start talking to them. Sex educators I know are trying to make inroads to these communities and some administrators in seniors' homes and retirement communities are starting to recognize and address the issue.

But they still face resistance, both from administrations who don't want to accept, much less address, the fact that their residents might be sexual; and from family members who'd rather not think about whether grandma or grandpa are still doing it, thank you very much.

According to Statistics Canada, the number of Canadians aged 55-64 jumped by 28 per cent in the five years prior to the 2006 census. With all these boomers about to enter their golden years, many of whom will no doubt be single and, yes, sexually active, we better start readjusting our attitudes if we don't want to be dealing with a raging HIV epidemic among the blue-rinse set.

Something to think about today on World AIDS Day.

For more facts about HIV/AIDS in Canada, visit my Sexcetera blog at metronews.ca.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

Treat HIV patients sooner: WHO

POLICY People infected with the virus that causes AIDS should start treatment earlier than currently recommended, according to the World Health Organization(WHO).

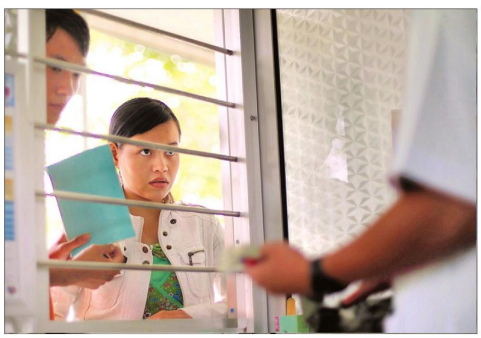
The U.N. agency issued new guidance advising doctors to start giving patients AIDS drugs a year or two earlier than usual. The advice could double the number of people worldwide who qualify for treatment, adding an extra three to five million patients to the five million already awaiting AIDS drugs.

WHO's previous HIV treatment advice was published in 2006. Since then, several studies have shown people with HIV who start drugs earlier than recommended have a better chance of surviving.

WHO now advises doctors to start HIV patients on drugs when their level of CD4 cells — a measure of the immune system — is about 350.

Previously they said doctors should wait until patients' levels hovered around 200. In most Western countries, doctors start treating HIV patients when their CD4 count is about 500.

David Ross, an AIDS expert at the London School of Hygiene and Tropical Medicine, said there is compelling evidence HIV patients should start treatment sooner.


DAVID GUTTENFELDER/THE ASSOCIATED PRESS

An HIV-infected couple waits to receive medication at an HIV/AIDS clinic in Tinh Bien, Vietnam.

People with HIV who aren't on AIDS drugs are more likely to catch a potentially fatal disease like tuberculosis or develop other complications when they do start the drugs, Ross said.

WHO's new recommendations also advise pregnant women with HIV to take the drugs earlier and while breast-feeding. The agency also said countries should phase out the use of the commonly used AIDS drug stavudine because of its toxic side effects. If countries with large outbreaks adopt the guidance, many more people could live longer, healthier lives, said Hiroki Nakatani, a top WHO official in a statement.

Still, WHO's advice raises questions about how countries and donor agencies will pay for the lifelong AIDS treatment.

Ross said many AIDS programs in Africa are already struggling. He added there were anecdotal reports of clinics turning away new patients eligible for treatment because they didn't have enough drugs to treat them.

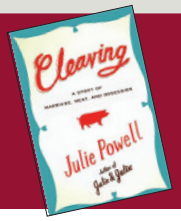
Some experts said the new WHO guidance could add billions to the cost of global AIDS programs. "WHO may be biting off more than they can chew," said Philip Stevens, a director at International Policy Network, a London-based think-tank. "I'm not sure how this will be possible to achieve, other than by cutting lots of corners," he said.

THE ASSOCIATED PRESS

Leggo my Eggo

Where have all the waffles gone? Eggos, the frozen waffle made by Kellogg, will be in short supply until the middle of 2010, it says. That's led to a mock mini-crisis in the United States, including the auction of frozen waffles on eBay. TORSTAR NEWS SERVICES

Food



'Cutting' to the chase

The newest memoir from Julie & Julia author Julie Powell hits book stores today. Cleaving: A Story of Marriage, Meat, and Obsession is Powell's account of a two-year extramarital affair she embarked on, its fallout and how she seeks refuge from it all by first becoming a butcher's apprentice and then searching out fellow butchers around the world. Full of culinary metaphors, the book shows how one woman's meat can sometimes be another's therapy. Cleaving is available at Chapters and Indigo stores across Canada for $29.99. METRO NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

LiquidAssets

Peter Rockwell

metronews.ca/liquidassets

After-dinner sippers

As much as I hate assigning a style of wine to a certain period of time, with winter approaching we have officially entered the season where port really shines.

Historically misunderstood thanks to the use and abuse of the name port by just about every country on Earth (including Canada); the real deal (which only comes from Portugal) makes for a warming after-dinner sipper and a great match with fruit, chocolate and cheese (especially blue varieties like stilton).

Made by introducing grape spirit to fermenting juice, port is typically sweet and is, for the most part, labeled by age. The most famous are vintage ports, but they're not meant for immediate drinking. That's put the spotlight on wines like **Taylor Fladgate's 1997 Late Bottled Vintage Port** ($24.29 - $26.01) which offers balanced flavours of ripe plum, nuts and caramel and is good to go right now.

Grub to warm guests' bellies

Spiced nut appetizer and braised chicken with figs add festive flair

The fragrant aromas of apple cider, eggnog and hot chocolate have made their way into the city — signs that the holiday season has arrived.

While you pull out the ornaments and play jingle bells, you might be wondering what to serve for the many dinners you've no doubt planned for family and friends.

We have a delicious menu here that will warm your guests' bellies and look festive on the table. If company arrives early and more time is needed to set up seating or chill the wine, try serving our Brown Sugar and Chili Spiced Nuts mix to stave off hunger. This savoury and sweet assortment is not only a guaranteed favourite among friends, it's also easy to package as a seasonal favour or hostess gift.

Moving on to the main, our Braised Chicken with Figs and Olives sounds scrumptious and tastes even better. This recipe is easy and avoids the fuss of a meal with many sides. Orzo pasta does a great job of soaking up the chicken broth that is infused with the flavours of figs and olives. Couscous or mashed potatoes also make for great accompaniments.

Enjoy hosting friends and relations this holiday season with these new recipes; they will definitely relish eating at your table.

– CHRISTY PENGILLY

CARLO MENDOZA

Braised chicken with figs and olives.

Brown Sugar and Chili Spiced Nuts

MAKES 4 CUPS
PREP TIME: 5 MINUTES
COOKING TIME: 25 MINUTES
RECIPE DEVELOPER: PAULA BOWMAN

INGREDIENTS:

- 1 large egg white
- 1 tsp chili powder
- 1 tsp kosher salt
- 1/2 cup of brown sugar
- 1/2 tsp cayenne powder
- 1/2 tsp ground cinnamon
- 4 cups mixed nuts (pecans, walnuts, blanched almonds and/or cashews)

METHOD:

1. Preheat oven to 325F. Line a rimmed sheet pan with parchment paper and set aside.

2. Whisk egg white in a large bowl until frothy. Add chili powder, salt, cayenne and cinnamon and whisk until blended. Add nuts to bowl and stir well to thoroughly coat. Add sugar and toss until well combined. Transfer mixture to prepared sheet pan and bake in oven, stirring once, until golden brown and nuts are toasted and crispy, about 25 minutes. Let cool slightly before serving. Tightly sealed, nuts will keep for 1 week at room temperature.

Braised Chicken with Figs and Olives

SERVES 4
PREP TIME: 10 MINUTES
COOKING TIME: 30 MINUTES
RECIPE DEVELOPER: PAULA BOWMAN

INGREDIENTS:

- 8 bone-in chicken thighs, skin on, (about 3 lbs), (drumsticks will also work)
- 1 Tbsp olive oil
- 1/2 cup diced white onion
- 1/4 cup white wine, or water
- 1 1/4 cups sodium reduced chicken broth
- 4 fresh figs, quartered
- 1/4 cup small green olives
- 1 cup uncooked orzo pasta
- 1 Tbsp unsalted butter
- 1 Tbsp finely chopped fresh parsley
- 1 tsp honey

METHOD:

1. Rinse chicken, pat dry with paper towels and season with salt and pepper. Heat oil in a large heavy bottomed skillet over medium-high heat. Working in batches, if necessary, add chicken and sear on all sides until golden brown, about 6 minutes. Remove chicken from skillet and pour off all but one tablespoon of fat from the pan. Return pan to stove set over medium heat, add onion and cook until starting to soften, about two minutes. Add wine, stirring to scrape any flavourful brown bits from the bottom of the pan, cook until wine is mostly reduced. Add chicken broth and return chicken to pan, skin sides up. Simmer set over medium-low heat, loosely covered until chicken is cooked through and sauce is slightly reduced, about 20 minutes. Add figs and olives let rest until figs are tender, about 3 minutes.

2. Meanwhile, cook orzo according to package instructions, in a pot of boiling salted water until al dente. Drain pasta, toss in butter and season with salt and pepper; set aside.

3. Transfer chicken to a serving dish, stir parsley and honey into sauce remaining in pan over medium heat and pour over chicken. Serve chicken alongside buttered orzo.

Holiday tips

- Check out the online Christmas Guide on 20minutesupperclub.com for recipe ideas and tips to help make your holiday events and dinners a hosting dream.

20 minute SUPPER CLUB

For Everyone on Your Holiday List.
A Christmas Wonderland of Ideas.

For Mom
Orchids
For Jonathan's Teacher
Christmas Planter
For Susan's Ballet Instructor
Poinsettia
For Rob's Parents
Fresh Holiday Arrangement

THOMAS HOBBS
FLORIST
2127 West 41st Avenue, Vancouver
604-263-2601
www.thomashobbsflorist.com

l'academie OREALIS academy

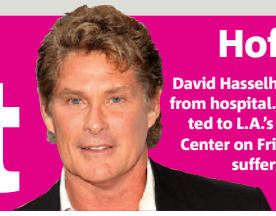
vancouver's hottest new fashion + beauty institute
diploma and certificate courses in:
esthetics, nails, make up, modeling and aromatherapy
604-304-3303 • borealisacademy.com

Grow your hair
Spectral DNC - the world's most effective hair loss treatment.
Uses active ingredients to treat androgenic alopecia and other types of hair loss.
Clinically proven to regrow hair.
Suitable for men and women.
604.688.4555
433 davie street
shopmasc.com

masc

Boyle tops the charts
Susan Boyle's I Dreamed A Dream is the fastest-selling U.K. debut album of all time, with 411,820 copies moving in its first week. The album is also projected to go No. 1 this week in the U.S., Canada, New Zealand, Ireland and Australia. METRO NEWS SERVICES

Entertainment



Hoff hurt?
David Hasselhoff has been released from hospital. The star was admitted to L.A.'s Cedars-Sinai Medical Center on Friday after allegedly suffering a seizure.
FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

The spirit of Jacksoul lives on

Haydain Neale worked on album while fighting cancer

GRAHAM ROCKINGHAM
for Metro Canada

Last May, after months of rehabilitation from a life-threatening head injury suffered in a traffic collision, Haydain Neale decided he was well enough to return to the recording studio. It was time to make another Jacksoul record.

Neale still had difficulty singing, but he had recorded some demo tracks of new songs shortly before being struck by a car on Aug. 3, 2007, while driving his Vespa scooter on a Toronto street.

Neale reviewed the tapes. His voice was solid. There was more than enough there to make a CD.

Neale assembled his bandmates in a Toronto studio, selected the 10 best songs and started building full album tracks around the vocal demos. Things came a little bit slower than before the accident, but he was in control, orchestrating every step of the production.

But it wasn't long into those sessions that Neale was diagnosed with lung cancer. It was a stunning blow, coming to someone who had already persevered through so much. And it seemed so unjust. He wasn't a smoker, according to friends, not even a drinker.

Neale chose to keep the diagnosis private and focus instead on the music. Only a few close friends and family were told, as the band continued working in the studio.

Haydain Neale died last week in Toronto, but not before he and his band Jacksoul finished work on SOULmate, which is out today.

"It was definitely emotional," recalls keyboard player Ron Lopata. "We were brothers. We've been through a lot together. We've been on the road together. We've shared buses. We were a very close group of friends."

Last month, Jacksoul's record label (Sony Music Canada) announced the new album, SOULmate, would be released today.

Fans, unaware of the cancer diagnosis, were buoyed by the news.

Neale lived long enough to see the record to completion. But he died Nov. 22 in Toronto at 39, just 10 days before SOULmate's release.

Lopata — credited with Neale as co-producer of SOULmate — said he understood the singer's decision to keep his cancer private.

"Haydain's outlook was always positive," Lopata said. "He always felt 'I'm going to continue, I'm going to make music for as long as I can do it. I'm going to put my heart and soul into it ...'

"I think it was a matter that he didn't want (the cancer) to be a focus for anyone. He was always on the route for getting better and that was the focus."

"Haydain's outlook was always positive. He always felt 'I'm going to continue, I'm going to make music for as long as I can do it. I'm going to put my heart and soul into it ...."
Ron Lopata

The first single off the album is called Lonesome Highway. It was written before the scooter accident but eerily foretells of Neale's future struggles.

"You're going to hear a lot of amazing songs that now have more meaning than they did before," Lopata said. "You'll listen to it and say, 'Unbelievable, it's just like he's a fortune teller ...'"

Proceeds from the album go to the Haydain Neale Family Trust.

Kid Cudi joins the Monster Ball

Newcomer replaces Kanye West on Lady Gaga tour

JASON RICHARDS
for Metro Canada

Kid Cudi has some big, stylish shoes to fill.

The hip-hop newcomer is replacing Kanye West as Lady Gaga's tourmate on her 41-city Monster Ball tour, which includes a stop at the Air Canada Centre Saturday.

Despite being signed to Kanye's vanity record label GOOD Music, Cudi says he's not really aware of the circumstances surrounding West's abrupt departure in September from Gaga's show, which was originally a co-headlining event called Fame Kills.

"I don't have any knowledge of that at all," he tells Metro in a phone interview. "They just asked me, and I said 'yeah.'"

Thanks to the last-minute change, Kid Cudi had to scramble to make sure his part of the show was up to Gaga's flamboyant standards.

"We're really really trying to do what we can," the rapper says during his first week of rehearsals. "Because I know that Gaga's set is going to be ridiculous. It's gonna be way better than mine, so what I'm just trying to do is come up with creative ways to just do my thing, too."

But as for exactly how he'll go about doing his thing, well, you'll just have to wait and see.

"I can't really reveal too much," he says. "But I can say that it will be cinematic in nature."

In that case, his set will have something in common with his debut album, Man on the Moon: The End of Day. One of the most original hip-hop full-lengths of the year, the album dramatically casts Cudi in the real-life story of a lonely yet imaginative rap upstart.

In Concert

- Kid Cudi plays the Queen Elizabeth Theatre Dec. 9, 10 & 11 with Lady Gaga.

With its brooding, melancholy overtone and forlorn subject matter, since its release in September, the album has inspired a new term among critics: "emo-rap."

Cudi — who's working on a free mixtape and a compilation set to come out early next year — welcomes the coinage, saying that newfangled ways of describing his music was inevitable.

"You gotta remember, my goal in making the record was to confuse those people," he says. "I wanted people to love it, but to not know what to call it, you know what I mean?"

Kid Cudi's debut, Man on the Moon: The End of Day, is one of the year's most original hip-hop albums.

Safe Rider
ARE YOU A SAFE RIDER? Take our Passenger Rail Safety Survey and you could win an iTunes© gift certificate or a three zone transit pass!
NOV. 30 – DEC. 4 www.safetyauthority.ca

A "tomboy" in Paris

Paris Hilton is a "tomboy." The socialite says that despite her glamorous, party-loving image, she has a secret active side and claims she is "totally different" away from the cameras. FEMALEFIRST.CO.UK

She's such a Teese

Burlesque artist brings Paris show to DVD

TALIA SOGHOMONIAN
Metro World News

She spends much of her time out of them, but clothes are important to Dita Von Teese. They're an integral part of the burlesque superstar's character — both on and off stage. She's just never going to be a jeans and T-shirt sort of girl.

As she gets set to launch a DVD of her show at the Crazy Horse in Paris, Von Teese speaks to Metro about life, lingerie and Louboutin heels…

Q Doesn't this DVD destroy the mystery of your Crazy Horse shows?

A I don't normally like having my shows filmed but I think we managed to transfer the feeling of the live shows to film.

Q Are there shots that could never be seen live?

A Crazy Horse are very private about what happens behind the scenes but we could show all that on the DVD.

Q In the DVD, you say that you wished you were 18 so you could have become a dancer at the Crazy Horse!

A Yeah! (Laughs) I'm obviously happy with the path that I've chosen. There's a reason that things worked out the way they did for me, but sometimes I wonder why I didn't fly to Paris and audition to become a Crazy Horse girl back in the old days!

Q Is there another famous club where you'd like to perform?

A I often dream think about how great it would be to in a venue like the Lido or the Moulin Rouge and go into their archives and create a show based on that. I've seen their current shows which are really slick and appealing to tourists.

I fantasize about giving it a sophisticated makeover. I'm not saying it's a bad show but I just think about how it could be.

Q You're writing a new beauty book?

A It's about encouraging and embracing eccentric beauty. Everyone wants to look natural and this is a book for girls that don't want to look natural!

Q What beauty tips do you have?

A Beauty sleep, drinking water, don't smoke cigarettes, use sunscreen. Everyone's always looking for a miracle. The only miracle is to make yourself healthy.

Q The way you move, of course, is due a lot to your Christian Louboutin heels…

A Christian started off designing shoes for showgirls. More than any other shoe designer he has a real way with proportion and with making a foot look really feminine.

I always feel that he completely understands what shoe I need and of course that flash of red sole is the height of glamour and is a distinctive symbol.

I feel that I have to wear Louboutins on stage. I love that flash of red that comes when I'm dancing. I remember I went to a burlesque show and the girls had all painted the bottom of their soles red!

Q And your costumes were designed by Elie Saab.

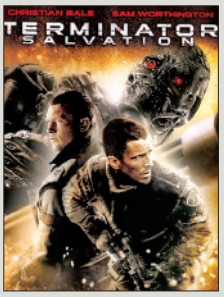
A He really has this beautiful way with glamorous gowns and it was really great to work with him and to see what his ideas for me were.

Q Who would play you in a biopic?

A I would ask them to find a totally unknown actress who's very talented and can take people to a different place.

Dita Von Teese's show at the famous Crazy Horse in Paris is coming to DVD.

DVD picks



Terminator Salvation

Director: McG

WHO'D EVER have guessed that we'd be missing the thespian nuances of Arnold Schwarzenegger or complaining about the coldness of a robot movie?

Terminator Salvation sadly lacks not only The Guvernator in his iconic role but also the humour and warmth that made earlier instalments (especially the first two) a genuine pleasure.

This one is more of a chore, and the story has become needlessly complicated. Woe to anyone going into this thing cold.

Set in 2018, just as machine overlord Skynet is wrapping up its job of subjugating humanity, it stars Christian Bale as John Connor, leader of the human insurgency against the robots. Bale attempts to impart the same sandpaper gravitas of his Batman character to Connor, but it's not as successful here.

More interesting is Sam Worthington as a death row convict who is unexpectedly inducted into Terminator lore.

It's a peek at the kind of work he'll do as the star of Avatar, coming to theatres soon.

Director McG is out of his depth with this kind of blockbuster, but he and his designers do bring a grim reality to bear — the blood-red eyes of the film's robots could haunt your nightmares.

Bring back Arnold!

There's a bucket load of extras, including a director commentary, numerous features and both the director's and theatrical cuts for your geekish pleasure.

Night At the Museum: Battle of the Smithsonian

Director: Shawn Levy

EXPECTATIONS ARE the devil's playground. The original Night at the Museum arrived in 2006 with zero indication of fun, seeming to be a witless CGI fest helmed by Shawn Levy, a dazzle-free Canuck. But with Ben Stiller in the lead role of a security guard spooked by supernatural mischief that animated the antiquities, it turned out to be a bit of a hoot.

So what happened with the sequel? The script, mainly. Levy and Stiller are back, as are most of the name cameos, but the story that moves the action from New York to Washington, D.C. lost something in the relocation.

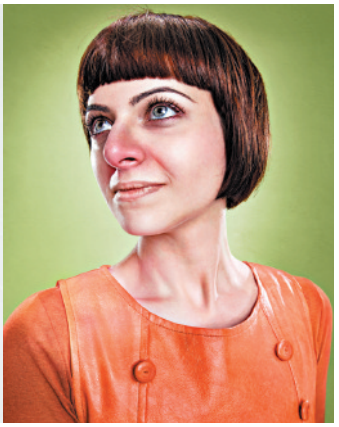
It's now a disjointed series of frantic CGI bits, even with the talents like Amy Adams and Christopher Guest.

Extras include 12 deleted scenes, an alternate ending, featurettes and commentaries.

Peter Howell/for Metro Canada

FIGHT ON, BRAVE SOUL.
GET THROUGH THE SEASON HALLS

For tips to help you stay well during cold & flu season, visit gethalls.ca.
For the temporary relief of sore throat, cough and nasal congestion. Always read and follow the directions for use.



Fourth time's the charm for Tom Arnold
Tom Arnold took his fourth walk down the aisle on Nov. 29, when he wed Ashley Grossman in an intimate ceremony in Maui, attended by approximately 75 family and friends. PEOPLE.COM

Ode to a small Canadian prairie town

Actor Corbin Bernsen has learned two things: First, Saskatchewan in February is a really cold place to make a movie and his latest film wouldn't have happened without a red paper clip and the people of a small Prairie town.

besiren latest movie Rust, about a priest who undergoes a mid-life crisis of faith and returns to his hometown to heal, was shot in Kipling, Sask., which lies two hours southeast of Regina.

"It was like shooting at the North Pole," says the California native, perhaps best known for his role in the hit '80s television show L.A. Law. "It was freezing, but it created a beautiful look for the movie and exactly the feel I wanted."

The story of how Bernsen ended up with the Kipling as the backdrop to his film could itself be a movie. Back in 2005, Canadian blogger Kyle MacDonald bartered his way from a red paper clip to a house in a series of highly publicized online trades. One of the trades landed him with a limited edition KISS snow globe, which he then traded with Bernsen — an avid snow globe collector — for a role in besiren film Donna on Demand.

Corbin Bernsen

A month later, he traded that movie role with the town of Kipling for a two-storey house there. So Bernsen headed to Kipling to hold auditions for the role in his film. After visiting the small prairie town, Bernsen was inspired to return a few years later to film his next movie, Rust, which he wrote with Kipling in mind.

"I fell in love with the town and people," he explains. "There's a simplicity there that appealed to me, and I think that's really what attracted me to the place."

In Rust, besiren character must make sense of the aftermath of a tragedy — his childhood friend has confessed to burning down a house that has taken the lives of the family within.

Corner Gas star Lorne Cardinal, who plays a police officer in the movie, says burning down an abandoned farmhouse for the movie was cathartic. The farmhouse was where convicted pedophile Peter Whitmore abused two boys in 2006.

"One of the victims actually showed up for the burning of it," says Cardinal. "It was palpable energy for sure because everyone wanted to see it gone. It was a blight on Kipling. It was something that everyone knew about but didn't like to talk about."

But Cardinal says there was also "a lot of magic happening on the set." Among the locals cast for the film was a mentally challenged man named Lloyd Warner playing a key role. Some people even opened up their homes as sets, and local businesses donated equipment including heaters.

"I've never seen a town come alive like that before," says Cardinal.

Brad Kearns, of Kipling Film Productions, says he still can't believe it all happened, adding there's a lot of excitement in the community for the film's premiere on Thursday. "That's a good thing. It's a good excitement," says Kearns, who also plays the fire chief in Rust. "This is a positive thing and I think people are really excited and happy. It was a lot of work at the time and you pretty much have to say everybody pitched in some way or another," he adds.

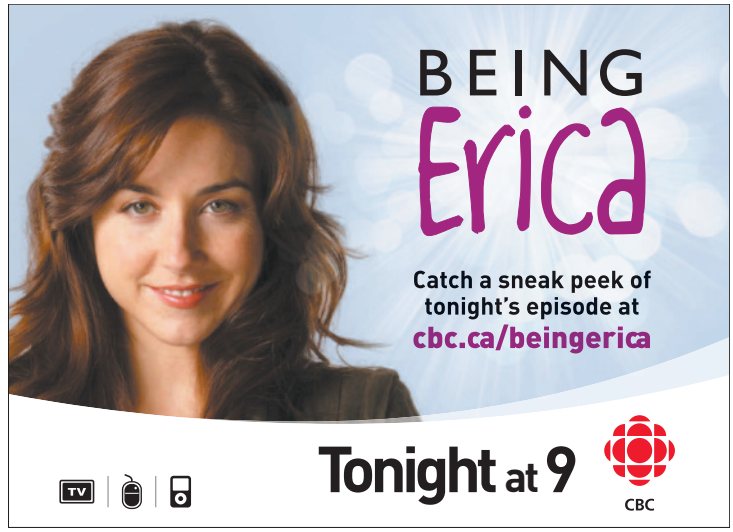
Rust will have its broadcast premiere on Dec. 5 and be re-broadcast on Boxing Day.

THE CANADIAN PRESS

In brief

WORLD CUP Somalia-born, Toronto-raised hip-hop artist K'naan has released a new video for his remixed version of Wavin' Flag that will serve as the official song of the FIFA 2010 World Cup.
The track will appear in television commercials to promote next summer's World Cup in South Africa.

THE CANADIAN PRESS



Hasselhoff's ex arrested for DUI

LOS ANGELES David Hasselhoff's ex-wife has been arrested on suspicion of drunk driving in L.A.

The California Highway Patrol says Pamela Bach was pulled over on the night of Nov. 29 on Laurel Canyon Boulevard.

A breathalyzer test allegedly indicated that her blood alcohol levels were .6 over California's legal limit of .08. She was booked at the LAPD's Van Nuys jail and released.

In 2007, Bach was charged with misdemeanor hit-and-run, but the charges were dropped when she agreed to pay minor damages to the woman whose car she hit.

Bach, who was married to Hasselhoff for 16 years until he filed for divorce in 2006, is scheduled to appear in court on Dec. 24.

THE ASSOCIATED PRESS

Kenya's Style

Kenya Hunt
Exclusively at metronews.ca/globalstyle

12/1/09 primetime

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
	251	308	3 CBC	Wheel-Fortune	Jeopardy! (N)	Rick Mercer	22 Minutes (N)	Being Erica (N) (CC) (DVS)		CBC News: The National (N)		(:05) The Hour
	254	-	9 OMNI	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition		News: Cantonese Edition		Omni News: Punjabi Edition		The Simpsons
	250	321	9 CTV	etalk (CC)	Hollywood	So You Think You Can Dance (N) (CC)				Law & Order: SVU		News
	-	-	10 JOY	Frasier (CC)	The Insider	Islam 101 (CC)		Enigma "Tarot" Tarot deck.		P3	Ek Noor	New Day
	252	336	11 GTV	Entertainment	ET Canada	NCIS "South by Southwest"		NCIS: Los Angeles "Predator"		Victoria's Secret Fashion		News
	256	389	12 VI	Degrassi: TNG	TMZ (N) (CC)	Monk (CC)		Movie (CC)				A News (N)
	253	359	13 CITY	The Office	The Office	The Biggest Loser The final four contestants run a marathon.				The Jay Leno Show (N) (CC)		The CityNews
	-	-	14 CW	The Office	The Office	90210 "And Away They Go!"		Melrose Place "June" (N)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	NCIS "South by Southwest"		NCIS: Los Angeles "Predator"		Victoria's Secret Fashion		KIRO 7 News
	287	379	16 NBC	Evening Mag.	Inside Edition	The Biggest Loser The final four contestants run a marathon.				The Jay Leno Show (N) (CC)		KING 5 News
	602	568	19 W	Old Christine	Friends (CC)	Friends (CC)	Grocery Bag	Beauty	Style by Jury	How to Look Good Naked		10 Years
	288	380	24 ABC	Wheel-Fortune	Jeopardy! (N)	Charlie Brown	Prep-Landing	Scrubs (CC)	Scrubs (N)	the forgotten "Lucky John"		KOMO 4 News
	-	-	28 KVOS	M*A*S*H	Seinfeld	Flight of Fury (2007, Action) Steven Seagal, Alki David.				Seinfeld	King	Cheers (CC)
	291	383	27 PBS	Back Care Basics: Yoga		Nova "What Are Dreams?" (N)		Frontline "The Card Game"		Rock and Roll Hall of Fame Live		
	290	382	23 FOX	Two/Half Men	Two/Half Men	So You Think You Can Dance (N) (CC)				Q13 FOX News at Ten (N)		Family Guy
	-	364	43 PBS	Joel Harper's Firming After 50		Brain Fitness Frontiers			Dr. Wayne Dyer: Excuses Begone! (CC)			
	296	654	34 SBK	The Office	Name Is Earl	Frasier (CC)	South Park	South Park	Half & Half	Paid Program	Hatchett	Paid Program
	298	653	35 TLA	Two/Half Men	Two/Half Men	90210 "And Away They Go!"		Melrose Place "June" (N)		KTLA Prime News (N) (CC)		Friends (CC)
	295	651	36 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	According-Jim	Friends (CC)	Friends (CC)	Maury Paternity results. (CC)	
	297	652	37 WPX	PIX News at Ten Tong. (N)		Two/Half Men	Friends (CC)	Friends (CC)	According-Jim	Family Guy	South Park	Scrubs (CC)
	199	311	76 STR	News	NTV Latenight News		Late Show-Letterman		Late Late Show/Ferguson		Inside Edition	Seinfeld
news	502	390	26 NW	CBC News: the fifth estate		CBC News: The National (N)		CBC News: The National (N)		CBC News: the fifth estate		National
	500	500	53 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	Fire & Ice		Hockey	Air Racing		Air Racing	Sportsnet Connected (Live)		Sportsnet
	400	400	30 TSN	SportsCentre (Live) (CC)			Off the Record	World Poker Tour (Taped)		E:60 (CC)		SportsCentre
	411	457	49 OLN	Ghost Hunters International		Dog the Bounty Hunter (CC)		Survivorman (CC)		Ghost Hunters International		Bounty Hunter
	410	403	54 SCR	(6:30) Court Surfing		Score Now		Score Now		Score Now		Final Score
	417	406	55 SC	Jacked!	Jacked!	Pass Time	Pass Time	Monster Jam		Super Bikes!	Super Bikes!	Jacked!
	416	409	144 GLF	Fútbol Uruguayo		MLS Weekly	Gol TV News	Toronto-Today	MLS Weekly	Paid Program	Gol TV News	Gol TV News
family	552	543	25 YTV	Drake & Josh	To Be Indie	Malcolm-Mid.	Hates Chris	8 Rules	What I Like	Family Biz	Prank Patrol	Adrenaline
	555	545	50 TEL	Scooby-Doo	Total Drama	Total Drama	6TEEN	Futurama	King of Hill	American Dad	Futurama	Chicken
	557	541	51 FAM	Sonny Chance	Zack & Cody	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Cory in House	That's-Raven
	553	546	53 TRE	Babar (CC)	Zigby	Max & Ruby	Dragon	Backyard	Ni Hao	Go, Diego, Go!	Franklin	Big Comfy
cable variety	268	354	5 KNO	Frontiers of Construction		Stephen Fry in America (CC)		City Stopped a Plague		Polygamy's Lost Boys (CC)		Kids Took
	575	583	20 CMT	Home Imp.	Home Imp.	Wilsons	Wilsons	Reba (CC)	Reba (CC)	According-Jim	According-Jim	Home Imp.
	570	580	42 MM	MuchNews	My Date	disBAND	MuchNew	Black Peas	Video on Trial	MuchNews	Love Court	Spotlight
	600	564	48 H&G	House	House	Holmes on Homes (CC)		HGTV's Top	Design Inc.	Pure Design	Genevieve	House
	615	520	61 A&E	(6:00) True Lies ★★★ (1994) Arnold Schwarzenegger. (CC)				(:01) Criminal Minds (CC)		(:01) True Lies ★★★ (1994, Action) (CC)		
	628	584	62 SPKE	Ult. Knockouts	UFC Unleashed (CC)		CSI: Crime Scene Invstgtn.		Ways to Die	CSI: Crime Scene Invstgtn.		Trek: Voyager
	521	560	64 TLC	Little Couple	Little Couple	Table for 12	Table for 12	18 Kids-Count	18 Kids-Count	Little Couple	Little Couple	Christmas-Box
	616	522	65 SHO	The Outer Limits (CC)		Recipe for a Perfect Christmas (2005) Christine Baranski.				Bones (CC)		NCIS (CC)
	620	523	40 BVO	General Idea: Art, AIDS		Law & Order "Sweeps" (CC)		Without a Trace "Fight/Flight"		I Like It Like That ★★★ (1994) (CC)		
	601	562	41 SLC	Bulging Brides	Bulging Brides	ET Canada	What	The Biggest Loser (CC)		Celebrity Paranormal Project		Trading Sp
	520	505	42 DIS	Time Warp (N)		Daily Planet (CC)		Destroyed	Destroyed	Time Warp		How It's Made
	522	506	44 HIS	Ancient Discoveries (CC)		Cities of the Underworld		Cities of the Underworld		Ultimate Engineering (CC)		Crime Stories
	627	528	45 SPC	(6:00) The Blair Witch Project		InnerSpace	Stargate SG-1 "Legacy"		Star Trek: Next Gener.		Star Trek: Voyager (CC)	
	294	650	47 TBS	The Office	The Office	Lopez Tonight (N)		My Boys	My Boys	Sex and-City	Sex and-City	Lopez Tonight
	619	525	48 TROP	'70s Show	'70s Show	The Outer Limits (CC)		ET Canada	Switch (N)	Family Guy	'70s Show	'70s Show
	603	561	52 FN	Good Eats	Good Eats	Iron Chef America (CC)		Unwrapped	Unwrapped	The F Word (CC)		Good Eats
	-	-	53 AMC	(:15) National Lampoon's Christmas Vacation ★★ (1989) Chevy Chase.					Stripes ★★ (1981, Comedy) Bill Murray, Harold Ramis. (CC)			
	626	547	57 COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Jeff Dunham	Blue Collar TV	Daily Show
	320	621	60 CEN	(6:25) 45 R.P.M. (2008) (CC)		Night Train (2009) Danny Glover. Premiere.			(:45) Martian Child ★★ (2007, Drama) John Cusack. (CC)			
	581	566	101 MTV	The Hills	The City	Hills-City	MTV Live	From The Hills to The City		The Hills	The City	Hills-City
	261	394	102 V	Unscripted (N)	I Prophesy	Poltergeist: The Legacy		Philadelphia ★★★ (1993, Drama) Tom Hanks, Denzel Washington. (CC)				
	-	-	105 MUL	Sewing Maid	Boys Over Flo	Il Caffe		In Germany	Euromaxx	Schauplatz	Euro. Journal	Patrol World

critics'corner

The Victoria's Secret Fashion Show
Alessandra Ambrosio, Miranda Kerr, Doutzen Kroes and Marisa Miller are among the lingerie models starring in this annual holiday-themed runway show at the annual event in New York. Along with model profiles, behind-the-scenes footage and red-carpet interviews, the special includes performances by three-time Grammy Award winners the Black Eyed Peas. 4 PM on STR, 10 PM on CBS, GTV

Disney Prep & Landing
Santa's elves suffer job burnout, too. In this charming new animated special, Dave Foley gives voice to Wayne, a member of the elite elf team that prepares for and oversees Santa's arrival at children's houses. He was hoping for a promotion; instead, he has to stay where he is and train an annoyingly overzealous new assistant (voice of Derek Richardson). Of course, no Christmas special would be complete without a crisis and a lesson to be learned. 8:30 PM on ABC

Witherspoon and Gyllenhaal still together

Despite reports to the contrary, Reese Witherspoon and Jake Gyllenhaal are still very much a couple, according to their reps. Although a source close to the couple says their relationship has ended, people.com reports. METRO NEWS SERVICES

Celebrity Buzz

Berry cashing in on property buy

NOT JUST A PRETTY FACE Halle Berry is doubling up in the property market, selling off the Hollywood hideaway she bought in 2001 for more than twice what she paid for it. The actress has put her Benedict Canyon Drive property up for sale at $5 million US, according to internet reports says femalefirst.co.uk.

She paid $2.2 million for the Beverly Hills address eight years ago, just before she wed singer Eric Benet. According to RealEstalker.com, the property features two bedrooms, two bathrooms, landscaped gardens and stone spa.

METRO WORLD NEWS

Michael Lohan is alive

BUT WE'RE PRETTY SURE HE HAS NO SOUL LEFT Michael Lohan doesn't exactly have a history of verbal restraint, so when a Twitter account named @themichaellohan began writing snippets about family drama and wanting to jump off of the Brooklyn Bridge, entertainment bloggers across the web figured it was the real deal, popeater.com reports.

Thankfully, it seems the Tweets — like the one that read: "fiance just left me. my family hates me, i spent Thanksgiving with my mom i just cant do any of this any more" — were all bogus, and the father of Lindsay Lohan is still with us, the website adds.

Word of the alleged suicide pleas began to spread on Sunday evening, with sites like Gawker.com and AlieIsWired all jumping on the story. In the Tweets, which have since been erased from the Twitter page, "Lohan" said: "death of father put me in a black hole IDK what to do" and that he was "heading to the brooklyn bridge." He even sent one to Lindsay's Twitter account, writing: "@lindsaylohan, love you b ye." Gossip blog Shabooty quickly cleared everything up, as they purportedly received an email from a very alive Michael Lohan disputing the Twitter posts.

"This is not not me. I do not have and never had a twitter and twitter's corporate office confirms that," Lohan allegedly wrote to the gossip site. As far as PopEater can tell, that's all true, as we've never seen a Twitter account linked to him.

METRO NEWS SERVICE

McGregor fine if kids see him nude

IT'S NOT LIKE THAT Ewan McGregor isn't embarrassed about his children seeing his nude scenes, femalefirst.co.uk reports.

The actor — who has stripped in many of his movies, including Velvet Goldmine and Trainspotting — insists he will happily show all of his movies to Clara, 13, Esther, eight and adopted Jamiyan, eight, when they get older.

McGregor — who is married to production designer Eve Mavrakis — said: "I have no regrets about anything I've done. I've never done a nude scene for the sake of it.

METRO NEWS SERVICES

Celebrity tweets

Karl Rove draws the line somewhere, Benji Madden is trying guide the English language, Demi Moore encourages older woman to think sexy, and Pink isn't sure a workout really happens if there's no one around to see it.

• @KarlRove it is a matter of conscience for me that I cannot wear a Snuggie.

• @benjaminmadden I am now Deeming the next decade the 2 10's. if it catches on you will all remember my name. If doesnt you will forget i ever twittered this

• @Pink when i walk in2 a hotel gym and its completely empty, it makes me sorta feel like I don't actually exist. seems really wrong. weird.

METRO WORLD NEWS

Brangelina to split?

WHO KNEW THERE WERE ANY UNTOLD STORIES LEFT? The days of Brangelina may be coming to an end, according to one writer who says that a Brad Pitt and Angelina Jolie split could be coming "within 18 months, probably sooner."

"I talked to several people in Brad's family who wished they'd break up today," author Ian Halperin tells Page Six.

"They're going to split amicably, work out some kind of arrangement with the kids, and everything will be very civilized."

says Halperin, author of Brangelina: the Untold Story of Brad Pitt and Angelina Jolie.

METRO WORLD NEWS

Gervais laughs off robbery of $400K

POOR RICKY Fraudsters stole more than $400,000 from Ricky Gervais using a photo of his Office character, femalefirst.co.uk reports.

The British funnyman has revealed criminals took the huge amount of money from his bank account and tried to buy gold with it after creating a fake identity card in his name using the picture of geeky office manager David Brent — which had been cut out from the cover sleeve of a DVD box set.

The 48-year-old star was telephoned by concerned bank staff who asked for his permission to contact police, and was later visited by an officer after the fraudsters were arrested.

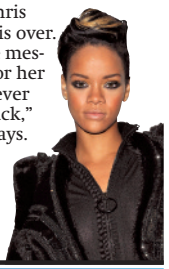
"I tell you what, we were laughing for ten minutes."

METRO NEWS SERVICES

Rihanna giving dad cold shoulder

FAME WILL DO THAT TO YOU Rihanna's estranged father, Ronald Fenty, is looking to reconnect with his famous daughter, especially now that her ordeal with Chris Brown is over. "I leave messages for her but I never hear back," Fenty says.

METRO NEWS SERVICES



Beyonce bemoans her star lifestyle

THERE, THERE RICH LADY Beyonce Knowles admits she's had to give up a lot to become a star.

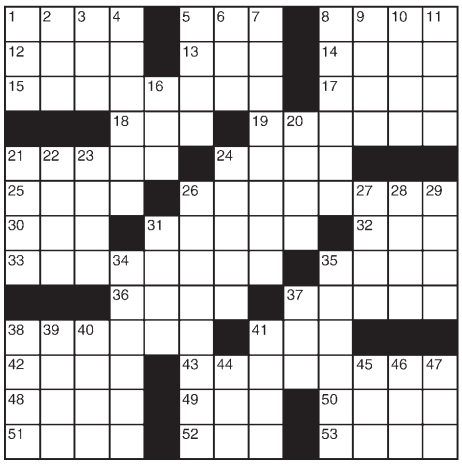
"I just sacrificed life. Being able to walk down the street and being able to make mistakes and not have it recorded forever," she says, according to Hollyscoop. "I haven't had longer than a couple of months off ever in my life, since I was 15."

METRO NEWS SERVICE

The Weather Network ©The Weather Network 2009
Today Sunny 7° / 0°
Wednesday Mainly sunny 5° / 1°
Thursday 40% Rain or snow showers 6° / 1°
TAKE THE WEATHER WITH YOU visit mobile.theweathernetwork.com

For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



1 Platter
5 Upper limb
8 — mater
12 Concept
13 Kiwi's bygone kin
14 Bathday cake?
15 Petula Clark classic
17 Dorothy's destination
18 Acorn maker
19 Window in a roof
21 Take as one's own
24 Pop flavor
25 Mr. Crockett
26 Distinguishing trait
30 Corroded
31 Old Aegean region
32 Greet the villain
33 Price reduction
35 Chorus member
36 "The Audacity of —"
37 Sweater type
38 Historical records
41 Feedbag tidbit
42 Volume
43 City building
48 Needle case
49 Leading lady?
50 Falco or Adams
51 Lairs
52 Sprinted
53 Run into
1 Accomplished

DOWN

2 Altar affirmative
3 Stitch
4 Four-poster feature
5 Out of control
6 Tier
7 Guitar's cousin
8 Religious retreat
9 Weaver's apparatus
10 Jerry Herman heroine
11 Unoriginal one
16 Make lace
20 Earthen pot
21 Partner of 49-Across
22 Information
23 Finished
24 "— talk?"
26 Shaq or Kobe, e.g.
27 Competent
28 Campus mil. program
29 Eccentric one
31 Pedestal occupant
34 Light-colored uniforms
35 Country song?
37 Forefront
38 Sleeping
39 Memorandum
40 Common subject?
41 Actor Clive
44 Eggs
45 Citric cooler
46 Tell a tale
47 Allow

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

		4	7		1		9	
8		1	9	6		4		
	5						3	1
3			6		7		2	4
	1			5			6	
2	6		8		9			3
5	8						1	
		2		9	6	3		7
	7		1		3	2		

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

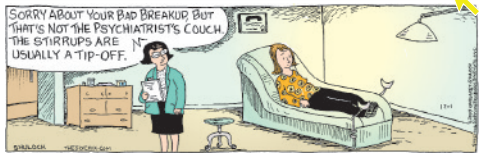
P	E	P	■	A	B	A	C	A
D	A	S	■	S	E	N	O	R
Q	U	I	C	K	L	I	M	E
■	■	■	A	F	L	■	M	O
E	M	P	L	O	Y	■	A	L
V	I	A	■	R	U	G	■	E
E	R	N	S	■	P	O	D	■
N	A	T	A	L	■	D	E	F
■	■	O	G	E	E	■	R	O
D	A	M	S	E	L	■	I	R
I	I	I	■	W	I	N	D	C
A	R	M	■	A	T	R	E	E
L	Y	E	■	Y	E	A	R	S

P	E	A	■	P	E	A	■	■
R	U	M	■	R	U	M	■	■
I	R	E	■	I	R	E	■	■
M	O	N	■	M	O	R	M	O
■	A	L	O	E	■	■	■	■
■	■	■	E	A	T	E	R	■
■	P	O	D	■	D	I	M	E
■	D	E	F	■	M	I	S	■
■	R	O	B	E	R	T	■	■
■	I	R	A	■	■	■	■	■
W	I	N	D	C	H	I	M	E
A	T	R	E	E	■	V	O	L
Y	E	A	R	S	■	Y	A	M

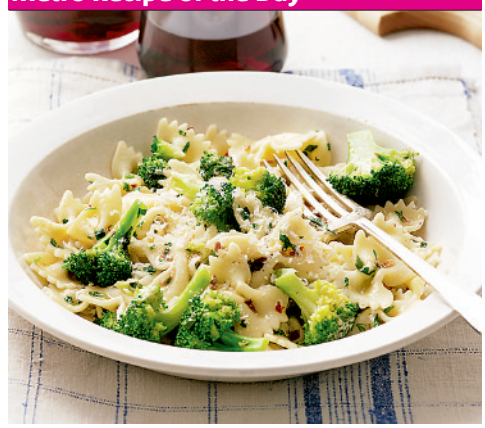
5	7	3	8	2	1	9	6	4
4	1	2	3	9	6	7	8	5
6	9	8	7	5	4	2	3	1
8	2	4	6	7	3	1	5	9
3	5	9	2	1	8	6	4	7
7	6	1	5	4	9	8	2	3
2	8	5	9	3	7	4	1	6
1	3	7	4	6	2	5	9	8
9	4	6	1	8	5	3	7	2

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Farfalle with Broccoli and Anchovies

INGREDIENTS:

14 oz (400 g) farfalle
2/3 lb (300 g) broccoli florets
1 3/4 oz (50 g) can anchovy fillets, drained
2 tbsp (25 ml) 1% milk
2 tbsp (25 ml) olive oil
4 large garlic cloves, crushed
Small bunch of fresh parsley, chopped
1/4 tsp (1 ml) crushed chili flakes
1 1/2 tbsp (20 ml) unsalted butter

To serve
Grated Parmesan cheese

METHOD:

Cook pasta according to pack instructions. Remove thick stalks from broccoli florets, then slice in half or quarters for smaller florets. Add to pasta for final minute of cooking. Reserve about 6 3/4 tbsp (100 ml) of cooking water, then drain pasta and broccoli thoroughly.
2. Meanwhile, soak anchovies in milk 5 minutes to remove salt. Drain, then chop.
3. Heat olive oil in warm pasta pot and add chopped anchovies, garlic, parsley and crushed chili flakes. Stir over medium heat 2 minutes.
4. Add pasta and broccoli to pot with reserved cooking water. Toss gently and season with ground black pepper. Add butter and toss until melted. Turn into warmed serving bowls and serve immediately with Parmesan cheese.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
What's going on in your private life is making you a little bit jumpy, not least because you find it so hard to predict what is going to happen next.

TAURUS ♉
APRIL 21-MAY 21
Later in the month, when the Sun changes signs, you will get the chance to do something you have been waiting to do for years.

GEMINI ♊
MAY 22-JUNE 21
If ever there was a right time to impress partners and loved ones and even people in positions of power that time is now.

CANCER ♋
JUNE 22-JULY 22
You may be in inspired form, but no matter how fast your mind is working you are advised to wait a while before trying to turn ideas into reality.

LEO ♌
JULY 23-AUG 23
Anyone who thinks they can trick you into doing something that is not in your interests obviously does not know you too well.

VIRGO ♍
AUG 24-SEPT 22
Too many of the people you have dealings with today will talk and talk some more without actually telling you much of what you need to know.

LIBRA ♎
SEPT 23-OCT 23
Something you hear in passing could benefit you enormously, but only if you have the courage to follow up what you learn with swift and direct action.

SCORPIO ♏
OCT 24-NOV 22
As Uranus, planet of the unexpected, turns direct in your fellow Water sign of Pisces today there will be surprises galore – and all of them good.

SAGITTARIUS ♐
NOV 23-DEC 21
If you need to sit down and talk through certain issues with partners and loved ones now is the time.

CAPRICORN ♑
DEC 22-JAN 20
You will learn something to your advantage over the next 24 hours, but it will only remain to your advantage if you keep the information to yourself.

AQUARIUS ♒
JAN 21-FEB 18
Step back from a situation that is causing you sorrow and ask yourself how important it really is to you.

PISCES ♓
FEB 19-MARCH 20
Uranus, planet of genius, turns direct in your sign today and that is a hugely positive omen. It will certainly open your mind to new ideas.

FLIGHT CENTRE Unbeatable
Sun Peaks 4 Nights + Lift Passes
from **$529** taxes & fees included
INCLUDES 3-day ski lift pass at Sun Peaks.
ADD Dogsledding tour from $149.
1 866 519 5111 | flightcentre.ca
Conditions apply. Ex: Vancouver. Package price is per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change. BC REG: #H02790

Today in history

1913: The Ford Motor Company introduces the first moving assembly line.
1919: Lady Astor becomes first female member of the British Parliament to take her seat (she had been elected to that position on November 28).
1981: The AIDS virus is officially recognized.
1982: At the University of Utah, Barney Clark becomes the first person to receive a permanent artificial heart.
998 – Exxon announces a $73.7 billion US deal to buy Mobil, thus creating Exxon-Mobil, the world's largest company.

METRO NEWS SERVICES

EURO CHARM
Skincare and Body Clinic
20% off for all Laser Services
Where wellness meets beauty
We carry Dr. Spiller skincare products and Life Extension supplements
7.95 /unit Botox Valid until November 15,2009
604.568.2575 • www.eurocharm.ca
3401 East Hastings Street, Vancouver • eurocharm@shaw.ca
ONE BLOCK EAST OF PNE • FREE PARKING

LIMITED TIME OFFER
BOOK BY DEC. 5, 2009

AIR CANADA VACATIONS

2 for 1* sale

*2nd passenger pays applicable taxes and fees.

Puerto Vallarta / Riviera Nayarit
Plaza Pelicanos • 3★
All-Inclusive • Club section
Jan. 9 – 30 • 1 wk.

1st passenger $1399 +Taxes & other fees (including service charges): $265

2nd passenger $0 +Taxes & other fees (including service charges): $265

Varadero
Sirenis La Salina Varadero • 4★
All-Inclusive • Standard rm.
Jan. 1 – 22 • 1 wk.

1st passenger $1699 +Taxes & other fees (including service charges): $212

2nd passenger $0 +Taxes & other fees (including service charges): $212

Jamaica
Sunset Jamaica Grande Resort & Spa • 4★
All-Inclusive • Standard rm.
Jan. 1, 8, 15, 22 & 29 • 1 wk.

1st passenger $1999 +Taxes & other fees (including service charges): $271

2nd passenger $0 +Taxes & other fees (including service charges): $271

Ixtapa / Zihuatanejo
Barceló Ixtapa Beach • 4★
All-Inclusive • Standard rm.
Jan. 9, 16, 23 & 30 • 1 wk.

1st passenger $1839 +Taxes & other fees (including service charges): $265

2nd passenger $0 +Taxes & other fees (including service charges): $265

SuperClubs Breezes Jibacoa • 3 1/2★
Super-Inclusive • Garden view rm.
Jan. 1 – 29 • 1 wk.

1st passenger $1869 +Taxes & other fees (including service charges): $212

2nd passenger $0 +Taxes & other fees (including service charges): $212

Gran Bahia Principe Jamaica • 4 1/2★
All-Inclusive • Junior suite
PRIVILEGES

Jan. 1 • 1 wk.

1st passenger $2499 +Taxes & other fees (including service charges): $271

2nd passenger $0 +Taxes & other fees (including service charges): $271

Los Cabos
Barceló Los Cabos Palace Deluxe • 5★
All-Inclusive • Junior suite
Jan. 10 & 17 • 1 wk.

1st passenger $2259 +Taxes & other fees (including service charges): $266

2nd passenger $0 +Taxes & other fees (including service charges): $266

Jamaica
Sunset Beach Resort & Spa • 3 1/2★
All-Inclusive • Standard rm.
PRIVILEGES
Jan. 1, 8, 15, 22 & 29 • 1 wk.

1st passenger $1999 +Taxes & other fees (including service charges): $271

2nd passenger $0 +Taxes & other fees (including service charges): $271

Jan. 8, 15, 22 & 29 • 1 wk.

1st passenger $2399 +Taxes & other fees (including service charges): $271

2nd passenger $0 +Taxes & other fees (including service charges): $271

More Great Deals

These offers are not part of the 2 for 1 sale

OCCIDENTAL HOTELS & RESORTS ROYAL CLUB

Cancun / Riviera Maya
Occidental Grand Xcaret • 4 1/2★
All-Inclusive
Royal Club luxury rm.
Jan. 16 • 1 wk.

$1529 +Taxes & other fees (including service charges): $244

Punta Cana via Calgary
Occidental Grand Punta Cana • 4★
All-Inclusive
Royal Club luxury rm.
Jan. 5 – 12 • 1 wk.

$1599 +Taxes & other fees (including service charges): $304
Price based on Tues. & Wed. departures

CONNECT FREE† Cranbrook • Castlegar • Kamloops • Kelowna • Nanaimo • Penticton • Victoria

PRIVILEGES
FREE advance seat selection and exclusive ftureeas

aeroplan
Earn up to 6,500 Aeroplan® Miles per member†

ROYAL CLUB

OCCIDENTAL HOTELS & RESORTS

aircanadavacations.com

Call 1 866 529-2079 or your travel agent

Upgrades to Executive Class® service are not possible on 2 for 1 purchases. Departure taxes are extra and must be paid locally: Costa Rica, 26 USD cash; Cuba, 25 CUC cash. Prices in this ad are in Canadian dollars and are valid for bookings made between Dec. 1 & 5/09, inclusive, unless otherwise stated. Prices are per person based on double occupancy, unless otherwise stated, from Vancouver International Airport. Air & Hotel packages to the Caribbean, Cuba, Costa Rica and Mexico include return flight, the hotel as described and transfers at destination. Air & Cruise packages include return flight and the cruise as described. Packages to Europe and the USA include return flight and hotel as described. New bookings only. Subject to availability. Not applicable to group bookings. Sale prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Flights operated by Air Canada. For applicable terms and conditions, consult the Air Canada Vacations brochures or www.aircanadavacations.com. BC registration #32229. †Aeroplan Miles are not actual miles, but points towards rewards including travel rewards. Unless otherwise indicated, Aeroplan Miles indicated are based on roundtrip Economy class per passenger from Vancouver to Jamaica, are awarded on flight-inclusive travel only, and are per Aeroplan member. For the amount of Aeroplan Miles that can be earned when flying to other destinations, visit www.aircanadavacations.com. For terms and conditions of the Aeroplan program, consult www.aeroplan.com. ■ †Available in conjunction with flight-inclusive packages. Non-stop flights via Vancouver. Excluding USA & Europe destinations. ■ ®Aeroplan is a registered trademark of Aeroplan Canada Inc. ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership. Visit www.aircanadavacations.com for up-to-date information.